



Lt. Col. (Dr.) Roberto Caro, a flight surgeon with the 445th Aerospace Medicine Squadron, performs a medical examination on a Guatemalan boy during the New Horizons Medical Readiness Training Exercise conducted in the San Marcos region April 14-28, 2007. (U.S. Air Force photo/Master Sgt. Chance C. Babin)

## Reserve medics bring care to Guatemala

By Master Sgt. Chance C. Babin  
920th Rescue Wing, Public Affairs

SAN MARCOS, Guatemala — Traveling up to more than 10,000 feet above sea level a group of 31 Reserve medics brought a wealth of medical knowledge to the mountainous region of San Marcos as part of New Horizons 07, April 14-28.

New Horizons is a Joint Chiefs of Staff approved, SOUTHCOM sponsored joint engineer and medical

humanitarian and civic assistance exercise conducted in Guatemala consisting of Reservists and Guardsmen from the United States Army, Navy and Air Force.

The purpose of the exercise is to improve joint training readiness of United States engineer and medical units while making improvements to the infrastructure for the people of Guatemala. The focus of NH07GTM is construction of clinics, wells, and the conduction of medical readiness training exercises or MEDRETEs.

The MEDRETE visited three different locations during the two-week mission. The team worked out of local schools in the towns of Mavil, San Pedro and San Antonio Serchil.

Maj. Melissa Triche, a medical planner for Air Force Reserve Command International Health Specialist Program coordinated this mission.

"We purchased \$50,000 in medications for this mission

*Continued on Page 3*

## God's spirit living in you

By Chaplain, (Capt.) Jim Fisher/  
445th Senior Protestant Chaplain

Is there any connection between the physical and the spiritual? The Apostle Paul uses the imagery of a temple to illustrate this in 1 Corinthians 3:16-17 and 6:19-20. He underscores the necessity of understanding that the spiritual is lived-out through the physical and therefore, the two are intertwined.

As well, Jesus illustrated the connection between the physical and the spiritual through His ministry. He did not meet everyone's physical needs, as He often sought times of refreshment and rejuvenation through communion (prayer) with the Father. Both the physical and the spiritual are important. Such retreats brought Jesus both physical and spiritual nourishment, enabling Him to stay focused upon God's instructions.

The case could be made and perhaps should be made, that the physical *is* spiritual and the spiritual *is* physical. Humans are, at the same time, both embodied spirits and inspirited bodies. Solomon reminds us of the connection in Proverbs 3:7-8: to be well spiritually impacts our physical health and vice versa.

May all Airmen seek to be well as we "fly, fight and win"!

## The wing has a responsibility

By Col. Steve Johnson  
445th Vice Commander

The 445th Airlift Wing has an incredible history of military accomplishments. Looking back at what we have accomplished in the past 5 years is amazing. The big ticket items made national headlines: "Prisoners Moved to Guantanamo", "Aeromedical Activity Grows as War Expands", "Fallen Heroes Airlifted Home", "WPAFB converts to the C-5". Without a doubt, most of our accomplishments will be published in the next generation of history books! The 445th Airlift Wing team really has done some amazing work! And while all of the above has been truly great, it is past tense. It has its place..... in the history books.

Our past performance however has created a new standard. We have shown the nation what we are capable of — answering the call each and every time. And now, because we have demonstrated great capability, we have the responsibility to continue and even excel in our endeavors. We have been forever tasked with the responsibility of doing great things!

Winston Churchill said it first, **"The price of greatness is responsibility."**

Our next responsibility will be to demonstrate our wartime mission capabilities in austere and contaminated conditions. The task of preparing for the Operational Readiness Inspection (ORI) is demanding but will culminate with outstanding

results during that inspection. I can already see the positive 445th attitude at work. As we practice and train for the ORI let's not lose focus of the mission.



Colonel Johnson

The mission of the Air Force Reserve Command is the same as the Air Force:

*Deliver sovereign options for the defense of the United States of America and its global interests - to fly and fight in Air, Space, and Cyberspace.*

To accomplish this end, the 445th will provide strategic transport of personnel and equipment; provide aeromedical evacuation; and recruit and train toward these goals.

We will meet the mission — provide these services — and demonstrate our skills while incorporating the principles of ORM (Operational Risk Management) and AFSO 21 (Air Force Smart Operations for the 21st Century) and above all, we will do it SAFELY!

As the new Wing Vice Commander I want to thank each and every one of you for your dedication and continued service. I look forward to the challenges ahead and overcoming them with such a fine group of Americans. I am confident the 445th team will continue to perform in an extraordinary manner and set new standards for future generations.

### Buckeye Flyer 445th Airlift Wing (Air Force Reserve Command)

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U.S. Government Printing Office 5-00001-445AW



## Medics bring care to Guatemala

*Continued from cover*

and have exhausted our supplies due to the volume of patients that have come to receive free medical care.” Major Triche said. “This mission is a win-win for everyone. Not only is the local population receiving much needed medical care, but our physicians are fine-tuning their clinical skills in an austere environment.”

For the medical team, the mission was not only a great training opportunity, but a chance to immerse themselves in a foreign culture.

“It was a great experience,” said Staff Sgt. John Gillespie, a medical technician with the 445th Aerospace Medicine Squadron. “You realize how lucky you are and how we take for granted everything we have back in the states.”

One of the big challenges was communicating with the patients, who predominantly spoke Spanish.

“At first it was challenging dealing with patients,” Sergeant Gillespie said, “and learning to communicate with them. Pain and sickness are universal, after a few words you can tell what’s going on with them and get them the care they need.”

For the group’s commander on this mission, language was not a problem. Lt. Col. (Dr.) Roberto Caro, 445th AMDS, flight surgeon and a native of Puerto Rico, was not only able to communicate effectively with the patients, but able to assist the group in dealing with the Guatemalan military and medical personnel.

“Being bilingual has helped tremendously,” Doctor Caro said. “I can relate to the patients and they can relate to me. I think patients open up more to me because they aren’t going through a third person.”

Second Capt. (Dr.) Berner Stuardo Vivar Rivera, a doctor with the Guatemalan Army, had



Lt. Col. (Dr.) Clifton Poling, 445th Aerospace Medicine Squadron optometrist, examines the eyes of a Guatemalan patient for cataract evaluation with a slit lamp during the New Horizons Medical Readiness Training Exercise conducted in the San Marcos region. More than 750 pairs of prescription eyeglasses were given during the exercise. (U.S. Air Force photos/Master Sgt. Chance C. Babin)



Left, Maj. (Dr.) Joan Salido, a dentist with the 445th AMDS administers anesthesia to a Guatemalan patient. Below, Capt. Michael Priddy, a 445th AMDS physician, irrigates the ear canal of a Guatemalan patient.

the opportunity to work alongside the Reservists throughout the duration of the MEDRETE.

“I want to express my gratitude to the group,” Doctor Vivar said. “I’ve seen the unselfishness of everyone giving their knowledge and expertise in helping my people here without discrimination.”

Doctor Vivar worked side-by-side with the Reserve physicians treating patients as well as providing consultations when our physicians had questions.

“The support Doctor Vivar provided was a great asset,” Doctor Caro said. “He was able to explain customs and local remedies. It’s been a fantastic exchange of medical knowledge. We both learned from each other.”

For complete story go to <http://www.af.mil/news/story.asp?id=123051779>



## Air Force air evac crews adapt, train onboard mix of planes

By Tech. Sgt. Charlie Miller  
445th Public Affairs

**T**aking care of patients on an aircraft is not an easy task. What if there are patient emergencies or problems with the aircraft itself? What if it's a plane the aeromedical crew is not familiar with? These questions, and more, were answered during an Air Force Reserve Aeromedical Evacuation Jamboree held here April 28 - 29.

Five squadrons and about 80 medical personnel from California, Florida, Maryland and Georgia participated in the training.

"On every aircraft taking care of patients is the same, but not every aircraft is the same; they have somewhat different set-ups, different systems," said Col. John Starzyk, chief of Air Evacuations from 4th Air Force at March Air Reserve Base, Calif.

During two-hour airborne exercises, evaluators threw a variety of curveballs at the medical personnel. Live "patients" played by fellow Airmen feigned a number of medical emergencies such as heart attacks and seizures. A full-size, anatomically correct dummy went into complete cardiac arrest. There was also a simulated on-board fire, loss of cabin pressure and a power outage. The scenarios were designed to be as close to reality as possible. The crews faced these emergencies while working on aircraft they might have never flown on before.

"What we train on today we may well see in theater; this helps us immensely," Colonel Starzyk said.

Reserve medical personnel from California, Florida, Maryland and Georgia attended the jamboree.

"By coming here to the middle of America we save money and resources as we work together," Colonel Starzyk said. "East Coast meets West Coast, North meets South."

After the reservists leave, they will be cross trained on the C-17 Globemaster III, the C-130 Hercules and the KC-135 Stratotanker. All are the aircraft used for air evacuations."

"In a real world scenario, if I'm deployed and they say they need a flight nurse on this plane or that plane I'll feel comfortable," said Capt. Jennifer Pairis, a flight nurse with the 452nd Aeromedical Evacuation Squadron, at March ARB.

"I'll feel confident about the safe return of the guys back home because of this kind of training. Here, we've been able to train on planes we don't normally fly on," Captain Pairis said.

"We can see how other units take care of patients and that benefits us," said Senior Airman Priscilla Waters of the 94th AES, part of the 94th Airlift Wing, Dobbins Air Reserve Base, Ga. "We had



Medical crews train inside the C-17 during the Air Force Reserve Aeromedical Evacuation Jamboree April 28-29. (U.S. Air Force photos/Tech Sgt. Charlie Miller)



Lt. Col. Philip Frederick, 445th Aeromedical Staging Squadron, programs a monitor inside the C-17 during the Air Force Reserve Aeromedical Evacuation Jamboree.

a chance to put our hands on a C-17 with its different patient positioning. Seeing the other aircraft gives you a different training perspective."

All the medical technicians and flight nurses are universally qualified.

"We are expected to know how to treat patients on all aircraft," said Staff Sgt. Stephanie Strickland, from the 94th AW.

Medical treatment in theater is designed to support moving patients from the point of injury to



Aeromedical Technician Staff Sgt. Rachel Reed checks on a simulated patient, Tech. Sgt. Joseph Drake, in flight on a C-17 while the medical crew is put to the test with a variety of scenarios. Both reservists are from the 445th Aeromedical Evacuation Squadron.

the right level of care at the right place in the least amount of time.

"It's very realistic here," said Staff Sgt. Rachel Reed of the 445th AES. "This is how we would be deployed. This has been an awesome opportunity to train on three separate aircraft, especially the C-17. We had egress training on the KC-135 and I learned a lot."

"This has been a great opportunity to work with different units," said Capt. Ladonna Schreffler, 445th AES. "It might be an old saying but 'we practice like we play' works well here. Everyone came from across the country and worked as a team."

Staff Sgt. John Wallace is a medical technician with the 459th AES, part of the 459th Refueling Wing, at Andrews Air Force Base, Md. The sergeant flies in KC-135s.

"For the new fliers as well as fliers with a lot of hours under their belts, this is excellent training," Sergeant Wallace said. "AE is always changing and this gives us a chance to learn from other fliers how to do our jobs faster and more efficiently which affects the patients and the mission."

During the Vietnam Conflict it took up to 45 days for the injured to get back stateside. During Operation Desert Storm that was reduced to 10 days. Now it's three days, thanks, in part, to training exercises like this jamboree.

"This is training we should do every year or even every six months," said Master Sgt. Jerrard Mack of the 622nd AES at MacDill AFB, Fla. "Learning from the experts can't be matched. You have all the great AE minds here at one time. This training is



Medical personnel from California, Florida, Maryland, and Georgia participate in the Aeromedical Evacuation Jamboree here.



Staff Sgt. Geof Weimerskirsh, 445th Aeromedical Evacuation Squadron, looks into the medicine chest to determine which medicine is needed for a simulated patient.

invaluable especially for the new fliers who get all this exposure to different aircraft," Sergeant Mack said."

Air Force Reservist AES members currently care for more than 60 percent of all military medical evacuees, and all the AES airmen are volunteers, Colonel Starzyk said.

"You are used to your own location, your own procedures so to go somewhere else for training like this is very, very valuable," said Maj. Sandra Lindsay, also from the 622nd AES. "It's great recurrent training."

# "Mail Call" host visits the wing

By Maj. Ted Theopolos  
445th Public Affairs

"I'm here to support the troops," said former Gunnery Sgt. R. Lee Ermey during his visit with reservists from the 445th Airlift Wing on a C-5. The wing was one of many stops during his visit to the base April 24. He was escorted by VFW Ohio State Commander Mr. Dan Faulker and three other local VFW members.

Gunnery Sgt. Ermey is widely known for a drill sergeant he portrayed in the movie "Full Metal Jacket." He also is the host on the History Channel "Mail Call".

"Mail Call" is a great recruiting tool for the military," said the sergeant.

He went on to state that military standards are set higher than most. "Standards are different in the military than they are in Hollywood," said the sergeant. "Military are very honorable people."

The sergeant signed everything from photos to pieces of clothing and somehow slipped in a pat on the back after each signature or photo was taken.

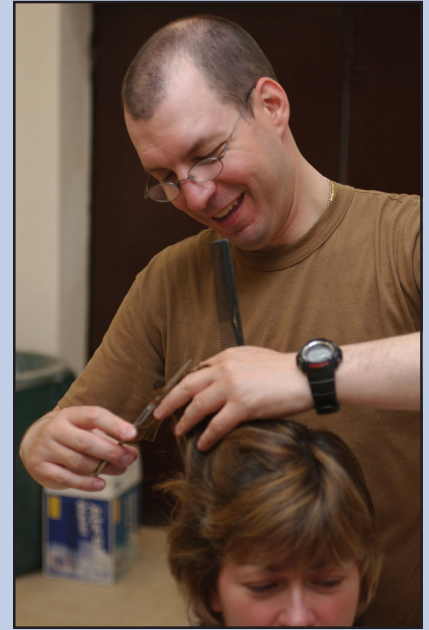
Brig. Gen. Bruce Davis, 445 AW commander, welcomed the Gunnery Sgt. as he approached the C-5. On the aircraft Command Chief Master Sgt. Aaron Mouser also welcomed Sgt. Ermey and presented him with a few tokens. Master Sgt. Henry Harlow did the same, but included a POW flag with signatures from the former Vietnam POWs that flew on the Hanoi Taxi last May before the aircraft was retired to the National Museum of the United States Air Force.

"It was a memorable experience touring the Hanoi Taxi" said the gunnery sergeant. He was referring to the "Mail Call" episode 96 which highlighted the POW flight and Hanoi Taxi.

"We all work together to protect the United States," said the Gunnery Sgt. "That's what we do."

"I respect what you do and thank you for your service," said the Gunnery Sgt. "God Bless America!"

The sergeant stayed and signed more than a hundred signatures for the reservists. He didn't leave the aircraft until his mission, of thanking the troops, was complete.



## Barber of Tallil

You may recognize Staff Sgt. Marion King, 445th Services Flight, and a Wright-Patterson AFB barber as well. But now Sergeant King trims the ends of Lt. Col. Angela Brown's hair during deployment at Ali Base, Iraq, for Air Expeditionary Force, May 4, 2007. Ali AB is also known as Tallil AB and the NCO is a reservist deployed to the 407th Expeditionary Services Squadron here.

Sergeant King typically spends 12 hours a day working at the Hot Spot Recreation Center, but he brought the tools of his civilian trade to the fight as well. After completing a day's work, he cuts hair, trims moustaches and shaves heads for two to four Airmen four to six days a week. His regular customers at Wright-Patterson AFB, Ohio, can look forward to his return later this month. "He has made a lot of people happy with his barber skills", said Master Sgt. James Rush. (U.S. Air Force photo/Master Sgt. James A. Rush)



Master Sgt. Henry Harlow, a reservist from the 445th Maintenance Operations Flight presents a POW/MIA Remembrance Day coin to "Mail Call" host Gunnery Sgt. R. Lee Ermey and a NAMPOW signature flag from the C-141 "Hanoi Taxi" retirement weekend in thanks for the Mail Call episode on the Hanoi Taxi. (U.S. Air Force Photo/Mary Allen)

## Promotions

*Congratulations to the following reservists recently promoted to the rank indicated.*



### **Airman First Class**

Ashley Holcombe, 445 ASTS



### **Senior Airman**

Michael Cagle, 445 SFS  
 Marcia Clifford, 445 SVF  
 Joey Frisco, 445 SVF  
 Andrew Megimose, 89 AS  
 Ronald Sydnor II, 445 MXS  
 Starlain Thompson, 87 APS  
 Clarence Washington II, 445 MXS



### **Staff Sergeant**

Dennis Deatley, 445 ASTS  
 Jacqueline Karnes, 445 AMDS  
 Michael Maurer, 87 APS  
 Lisa Quinn, 445 MOF  
 Angela Robertson, 445 ASTS  
 Paul Wahoff, 445 MXS  
 Kerry Willet, 445 MXS



### **Technical Sergeant**

Litittia Boye, 445 ASTS  
 Kimberly Boyles, 89 AS  
 Charran Booker, 445 ASTS  
 Amanda Crooker, 445 AMXS  
 Darrell Mellars, 445 AMXS  
 Robert Norsworthy, Jr., 445 MXS



### **Master Sergeant**

David Ellis, 445 LRS  
 Richard Gerhardt, 445 MXS  
 Kevin Grof, 445 AMXS



### **Senior Master Sergeant**

John Birhanzl, 445 MXS  
 Mary Hannon, 445 AES



### **Major**

Shelly Benson, 445 OG  
 Paul Grimes, 445 AW  
 Barbara Kippins, 445 AES  
 Celso Salinas, 445 AES  
 Jeffrey Ward, 445 OG  
 Judy Lynn Willets, 445 AES

## Newcomers

*Welcome to the following reservists, recently assigned to the 445th AW:*

TSgt Thomas Lakes, 445 MXS  
 TSgt Todd Noe, 445 AMDS  
 SSgt Roger Edington, 445 AES  
 SSgt Anthony McFarland, 445 CES  
 SSgt James Plunkett, 445 SVF  
 SSgt Michael Taylor, 445 CES  
 SSgt Christian Woolford, 445 AW  
 SrA Andrew Conti, 445 ASTS  
 SrA Johnny Dunn, 445 CES  
 SrA Dustin Howard, 445 CF  
 SrA Joseph Rychnovsky, 445 CES  
 SrA Bradley Whitacre, 445 MXS  
 A1C Korey Jones, 445 CES  
 AB Erin Black, 445 ASTS  
 AB Danitra Brown, 445 AMDS  
 AB Timothy Monroe, 87 APS  
 AB Dana Timmons, 445 AMDS

## Awards

*Congratulations to the following 445th AW members who recently earned an award.*

### **Meritorious Service Medal**

Col Allen Gilbar, 445 AES  
 Maj Richard Webster, 89 AS  
 Maj Jennifer Wedel, 445 AES  
 Maj Donald Wren, 445 LRS  
 SMSgt John Patterson, 445 SFS  
 MSgt Harold Ford, 445 SFS  
 MSgt Mitchell Gannon, 445 AMXS  
 MSgt Luciacarma Greer, 89 AS  
 MSgt Cynthia Holland, 445 AW  
 MSgt Christopher Mayer, 445 SFS  
 MSgt Shannen Michael, 445 MSG  
 MSgt Jennifer Peery, 445 MSG  
 TSgt Kevin Kever, 445 MSF  
 TSgt Thomas Neuhard, 445 AMXS  
 TSgt Darrell Wallace, 445 LRS

### **Air Force Commendation Medal**

TSgt Kelly Earehart, 445 MXS  
 SSgt Dennis Coite, 445 OSS

### **Air Force Achievement Medal**

SMSgt Robert Lopardo



## Save the date for the Air Force 60th Anniversary USAF Marathon

The official USAF Marathon, also an official Air Force 60th Anniversary event, will be held at Wright-Patterson AFB Sept. 15, along with a Sports and Fitness Expo Sept. 13 and 14 at the Nutter Center. Runners from all over the world are expected to participate.

This year's event promises to be bigger and better than ever with plans in the making which include continuous flyovers, static aircraft displays and proposed course changes to include downtown Fairborn. The 5K race that has traditionally taken place during the Marathon will be held Sept. 14 at Wright State University.

Senior officials put a custom medal around the neck of every finisher. This year's hardware will feature the C-5 "Galaxy" aircraft, some of which are stationed here.

World renowned long-distance runners Dick Beardsley and Alberto Salazar, along with legendary coach Bill Squires will sign autographs, conduct clinics, speak at the Gourmet Pasta Dinner and participate in the races on Saturday. Wright-Patterson will also welcome back the United States Air Force marathon and half-marathon PACE Team, led by Jim Crist.

For more information go to their website <http://www.usafmarathon.com/>



Air Force Materiel Command's third annual Tattoo begins Friday, June 29 promptly at 8 p.m. on the grounds behind the National Museum of the United States Air Force at Wright-Patterson AFB. The Tattoo is open to the general public. Admission and parking are free.

This year's Tattoo will celebrate the "Heritage to Horizons" of the United States Air Force, and is a 60th Anniversary of the U.S. Air Force commemorative event.

The Tattoo will feature flyovers by various heritage and current aircraft, music and narration by the U.S. Air Force Band of Flight, on-stage performances and fireworks.

Gates open with family carnival and pre-show activities at 4:30 p.m. The event can be accessed through the Museum main entrance on Springfield Pike (Gate 28B), the armory gate on Harshman Road, and the gate at the intersection of Airway and Spinning Roads. Gate 22B will be open only for visitors with base identification.

Visitors are encouraged to bring lawn chairs, blankets, and a camera. Please note for security reasons that coolers, backpacks, skateboards, in-line skates and glass bottles are not permitted. Strollers, infant diaper bags, cameras and their cases, small purses and pocketbooks are permitted, but subject to inspection. Refreshments are available for purchase during the event.

## Command announces Airmen, First Sergeant of the Year



Air Force Reserve Command announces the 2006 Outstanding Airman/First Sergeant of the Year during a banquet held at the Museum of Aviation, Robins Air Force Base, Ga., April 26, 2007. The winners are from left to right: First Sergeant category: Senior Master Sgt. Michael Brimmer, 445th Aircraft Maintenance Squadron; Senior NCO category: Senior Master Sgt. Ronald Colamininno; NCO category: Tech. Sgt. Frank Fox; and Airman category: Staff Sgt. Clinton Petit. The winners will move forward to compete at the Air Force level. (U. S. Air Force photo/Senior Master Sgt. Elaine Mayo)

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