

BUCKEYE FLYER

Wright-Patterson AFB, OH

Volume 50, No. 6

June 2011

445th joins base, community for local training

By Stacy Vaughn

445th Airlift Wing Public Affairs

Reservists from the 445th Airlift Wing participated with Wright-Patterson Air Force Base and local emergency responders May 11 during a joint mass casualty training event that took place at two locations; on base and at the National Center for Medical Readiness, known as Calamityville, in Fairborn, Ohio.

The purpose of this annual event is to expose and integrate active duty, guard and reserve units with local and regional emergency first responders through medical planning, and mass casualty situations. The intent is to encourage familiarity with the joint tactics, techniques, and procedures needed to facilitate interoperability in both combat and humanitarian relief operations.

“The training event allowed the military physician’s residency program doctors the opportunity to get out and see how medicine is practiced in the deployed situation,” said Lt. Col. Todd Mulhorn, 445th Aeromedical Evacuation Squadron, operations officer.

Agencies participating in the all-day event included the 88th Medical Group, Wright State University’s Department of Emergency Medicine, National Center of Medical Readiness, Civil Air Patrol, Miami Valley Hospital Careflight and the Fairborn Fire Department,



Senior Airman Mikhail Berlin

Majs. Karen Keller and George Linder both from the 445th Aeromedical Staging Squadron evaluate patient Shkurta Dervisnolli during mass casualty training May 11.

along with volunteers from the base playing the role of patients.

The 445th Aeromedical Staging Squadron and AES had the opportunity to work together treating and

— See LOCAL page 4

Security Forces Squadron receives AFRC award

By Airman 1st Class Santana Austin

445th Airlift Wing Public Affairs

For their outstanding work and performance, the 445th Security Forces Squadron was named the Tenant/Associate Air Force Reserve Command Security Forces Unit of the Year for 2010.

The award was presented May 15 by Col. Mary Roehl, AFRC Chief of Security Forces.

“When we were looking at the award nomination packets, the packet for the 445th SFS just stood out above the rest,” said Colonel Roehl. “Their volunteerism and work ethic is just incredible; they’ve done so many different duties and

volunteered for so many things.”

“The Outstanding Security Forces Unit of the Year Award complements the overall awards program by acknowledging and inspiring a sense of pride in the unit’s performance of duty,” said Chief Master Sgt. Suzanne Clemons, AFRC Security Forces Manager.

“In the AFRC, the award is split into two categories: the outstanding full-time unit and the outstanding tenant/associate unit.” Essentially, the award is based on the amount of accomplishments the unit has achieved. These accomplishments

can range from individuals receiving awards within the unit to volunteer work done by the unit.

With more than 70 total accomplishments, the 445th SFS went above and beyond, thus leading them to win the award.

“If the troops didn’t go the extra mile and volunteer, which they do a lot, we would not have received this award,” said Chief Master Sgt. William Arehart Jr., 445th Security Forces Squadron. “They’re a group that works hard and works together; I couldn’t be prouder. They deserve this.”

Job well done: Wing Airmen continue to make positive global impact, impression

By Col. Stephen Goeman
445th Airlift Wing Commander

Not a week goes by without receiving a phone call, an e-mail, or just an old fashioned letter detailing the exploits of our 445th Airmen. Time and time again our Airmen make lasting contributions to our nation.

The quoted text below is from the Balad com-

mander and was addressed to Chief Master Sgt. Jacqueline Larrison of our 87th Aerial Port Squadron:

“Chief, Simply another ‘jaw dropping’ performance by your Aerial Port dawgs. The sheer magnitude of the dimensions/weight of this load and your clearing an item in just over a month (that took KBR 5 months) are just ‘icing on the cake’ of a laundry list of accomplishments during your deployment to JBB. What was more amazing was the cargo upload or the fact the C-5 actually took off without breaking down? great story, great work, great team! The inbound team has some BIG shoes to fill! AWE-SOME!”

Awesome indeed are the Airmen of this wing. Testimonials such as this are quite common. We could fill up the entire *Buckeye Flyer* each month with similar stories detailing the many successes of our Airmen. All of you have my personal thanks for the professional and superb work you do whether in a deployed location or at home station. The pace never lets up for the men and women of the 445th Airlift Wing and you rarely disappoint.

As we prepare for



another summer season of events, make time to do other fun and exciting things

with your families and friends. They are your number one priority and please make sure they know it. We have a full slate of military events planned over the summer season but it is imperative that you find some time to get away and decompress with those you hold dear.

From a wing perspective, we will have our Employers Day event on June 4, the C-17 Welcoming Ceremony and

dinner July 8 and 9, and our wing picnic Sept. 11. These events will offer us a chance to gather together and celebrate as a team.

Our next major inspection will be the wing operational readiness inspection and is expected to occur early in 2013. We will have a wing-wide exercise this August. It is not too soon to dust off those *Airman’s Manuals* and start refreshing yourselves with what we all need to be prepared for.

Keep up the great work and the positive attitudes; and I hope to see many more of you out on the Kittyhawk area track on unit training assembly mornings as we all need to make fitness a priority in our individual lives.

Buckeye Flyer

445th Airlift Wing Editorial Staff

Col. Stephen Goeman
Commander

Lt. Col. Cynthia Harris
Chief, Public Affairs

Stacy Vaughn
Public Affairs Specialist

Shamae Jones
Public Affairs Specialist/
Editor

Susan Belna
Admin Asst/Editor

5439 McCormick Ave.
WPAFB OH 45433-5132
Building 4014, Room 113
937-257-5784
445AW.PA@wpafb.af.mil

This funded Air Force Reserve Air Force Reserve newspaper is an authorized publication for members of the U.S. military services. Contents of the *Buckeye Flyer* are not necessarily the official views of, or endorsed by the U.S. Government, Department of the Air Force or Department of Defense. Editorial content is edited, prepared, and provided by the 445th Airlift Wing Office of Public Affairs. Photographs are U.S. Air Force photographs unless otherwise indicated.

U.S. Government
Printing Office
5-00001-445AW



Courtesy Photo

Members of the 87th Aerial Port Squadron pose for a photo during a recent deployment.



SFS reservist wins firefighter award

By Stacy Vaughn
445th Airlift Wing Public Affairs



A 445th Security Forces Squadron reservist who serves as a firefighter in his civilian job was selected for a prestigious award, thanks to his firefighter co-workers.

Chief Master Sgt. William Arehart, Jr., 445th SFS security forces manager, was recognized March 24 in his civilian job with Ladder One by the Columbus

Division of Fire, Department of Safety, Columbus, Ohio, by being awarded the 2010 Inaugural James M. Lendavic Veteran of the Year award. This is the first time the award has been offered.

The Inaugural James M. Lendavic Veteran of the Year award is presented to a current city of Columbus employee who is a veteran or current member of the U.S. Armed Forces. It honors a city employee who best exemplified the character, personal qualities, and

service mindset displayed on a daily basis by Major James M. Lendavic. Major Lendavic was a former city employee, Veterans Committee member, and military member dedicated to assisting military members and veterans, fighting for their rights and benefits, and constantly searching for ways to recognize their service. He worked to assist veterans and provide support to current servicemembers while recognizing the sacrifices made by them and their families. He passed away in 2008.

"I'm honored to be recognized for this award. I love what I do with the fire department and when I found out I received this award, I felt very honored that my lieutenant put me in for it," Chief Arehart said.

For the award, Chief Arehart was recognized for his many contributions not only as a firefighter but also his contributions as a Reservist. With the Air Force Sergeant's Association, the chief helped collect cloth-

See AREHART page 4

Deployed Airman receives sharp troop award

By Airman 1st Class Santana Austin
445th Airlift Wing Public Affairs

"Excellence in all we do" is one of the three core values in the Air Force.

The Sharp Troop Award is awarded to those who best exemplify the meaning of that core value.

Staff Sgt. Jordan C. West, 87th Aerial Port Squadron, was awarded the Sharp Troop Award April 30. Sergeant West is currently attached to the 8th Expeditionary Air Mobility Squadron (EAMS) in Southwest Asia.

"Sergeant West has been with the 87th APS since 2006. In all the years he's worked with us, he has always gone above and beyond," said Chief Master Sgt. Sean D. Storms, 87th APS.

While in the 87th APS, he helps with operating and providing the military logistical functions assigned to aerial ports, including processing personnel and cargo, rigging for air-

drop, packing parachutes, loading equipment, preparing air cargo and load plans, loading and securing aircraft, ejecting cargo for in-flight delivery, and supervising units engaged in aircraft loading and unloading operations.

"He also works with the passenger terminal here. Being in APS, you've got to be well-versed on loading aircraft, building pallets, working with passengers and handling explosives," said Chief Storms. "It can be a pretty tedious job, but he does the job with little to no trouble."

In the 8th EAMS, he is part of the team that provides expeditionary mobility to the servicemembers



in four locations in the U.S. Central Command area of responsibility.

The squadron is part of the 521st Air Mobility Operations Group which provides en route support for Air Mobility Command missions at multiple throughout Southern Europe and the CENTCOM AOR.

"While deployed, Sergeant West works with passenger terminal, sets up flights, puts people on the aircraft and keeps them in secure areas whenever they get ready to deploy," said Chief Storms. "At that base; you name it, he does it."

Essentially, the award reveals that he is one who goes above and beyond the call of duty, both at the 87th APS and overseas.

"Sergeant West does anything that is asked of him, and he does an excellent job of whatever it may be," said Chief Storms. "I really couldn't ask for a better worker."

LOCAL from page 1

transporting simulated patients involved in scenarios that included a structural collapse of a factory due to a hurricane and an airfield fuel truck explosion.

A UH-60 helicopter provided by the Ohio Army National Guard's 1-137th Aviation Battalion brought the "patients" from Calamityville to the mock field hospital that was set up on the airfield.

During the event, ASTS was responsible for manning an 11 bed Contingency Aeromedical Staging Facility (CASF) that also functioned as overflow for the expeditionary medical support. 445th unit personnel took charge of and completed successful movements of more than 20 moulaged casualties without incident. Two members of the Critical Care Air Transport Team served as validating physicians in the CASF, signing the appropriate paperwork after patients were cleared for flight.

"We conducted general nursing on the injured that were brought to us via helicopter for triage and we in turn prepped them in preparation for their flight to a higher level care facility," Maj. Karen Keller, 445 ASTS, said.

Tech. Sgt. Tamella Hill, 445th AES technician, was the information liaison between AES and the participating units. She helped set up the field hospital tents with the participating doctors before event kicked off.

"It was very impressive seeing doctors outside of their clinical environment doing hard, physical labor putting up these tents for the training event," Sergeant Hill said.

Sergeant Hill said the training allowed everyone to witness a mass scale event and see what each unit's role is.

"When in the AOR [Area of Responsibility], you just see a small part of what's going on but with a training event like this, you have the chance to see what every-



Senior Airman Mikhail Berlin

Master Sgt. Darrell Lawrence, 445th Aeromedical Staging Squadron, tries to calm patient Senior Airman Courtney Palmer during a mass casualty training event.

one's role is and how each unit plays a crucial role in accomplishing the goals of that event," Sergeant Hill said.

With the help from the 445th Aircraft Maintenance Squadron and the 89th Airlift Squadron, the event concluded with AES and the ASTS critical care air transport team working together to load the patients onto an awaiting C-17 Globemaster III followed by participating in a patient scenario onboard during a simulated flight.

"This was a good exercise and it was just the right pace. Now that we have the C-17, we'll have the opportunity to work and train with our own wing members, such as maintenance, ops, AES and ASTS, as we did in the past with the C-141s," said Col. Linda Stokes-Crowe, 445th AES commander.

Visit us on the 445th Airlift Wing Facebook page. We would love to hear from you!

AREHART from page 3

ing, monetary donations, and other items for disabled veterans at the Dayton Veterans Administration hospital. He was also recognized for his role as president of the local chiefs group and a member of the 88th Air Base Wing Chiefs Group, both organizations known to enhance the quality of life for all enlisted Airmen and recognizing them for outstanding performance.

"Helping the vets is a very re-

warding experience. We'll all be veterans one day and hope that there is someone there for us when we need help as we get older and retire," the Chief said. "I'm also impressed when I see our young Airmen getting involved to help our veterans," he added.

In Columbus and in his own community, Chief Arehart is assigned to Ladder One with additional duties as a second rescue,

bomb trainee, and HAZMAT technician. He worked with Division Fire leadership to form a committee to address issues for firefighters in the military while also committing his time to his Neighborhood Block Watch group as one of the original captains to start the effort.

Chief Arehart's name will appear on a special plaque to be located in the new Veterans Hall on the first floor of City Hall this September.

Three of a kind: Airmen share career track

By Master Sgt. Charlie Miller
445th Airlift Wing Public Affairs

Three Airmen assigned to the 445th Airlift Wing's 87th Aerial Port Squadron have more in common than being assigned to the same unit. They also have almost identical military backgrounds and all work for the same civilian employer.

Tech. Sgts. Roger Dils and Mike Maurer, and Senior Airman Matt Overacker all started their military careers with the U.S. Navy. They are currently assigned to the 87th APS as traditional reservists and on the civilian side they work for the U.S. Postal Service.

Sergeant Dils, an aerial porter since 2000, works at the Kettering, Ohio, post office and has been a letter carrier for 18 years. Sergeant Maurer joined the Air Force Reserve in 2003 and has carried mail at the Mason, Ohio, post office for 11 years. Airman Overacker has been a rural carrier at the Springfield, Ohio, post office for one year and with the 87th APS for less than three years.

These reservists all relish their Navy beginnings but are proud members of the Air Force Reserve. And, given the chance, they get together and talk "post office."

"Being around aircraft all the time with the Navy helped me transition to the aerial port," said Sergeant Dils. "I believe I've been able to teach some of the younger members of the Port a few things even though a Navy A-6 bomber is much smaller than the planes we load and unload here at the aerial port and also the aircraft we see when on annual tour."

In fact, you could fit several of those Navy A-6's in a 445th C-5 Galaxy, but who's counting.

"During my time as a Navy firefighter I responded to a lot of aircraft emergencies," said Airman Overacker. "These experiences and the training I received have helped me with my Air Force Reserve career."

The Air Force Reserve offered all three Airmen a chance to cross train and all three jumped at the opportunity. Airman Overacker will go to the full six-week air transportation school while both sergeants took the two week hands-on course that was followed with on-the-job training back at home station.

The Airmen believe there are differences that can be challenging switching from a different branch of the military as different rank and duty assignments may be challenging.

"The biggest difference is that as a Navy petty officer third class you have a leadership role as a noncommissioned officer, but in the Air Force you have to become a staff sergeant to reach NCO level," said Sergeant Maurer, who is currently deployed.

"The Navy rank is easy to understand except for



Master Sgt. Charlie Miller

Tech. Sgt. Roger Dils and Senior Airman Matt Overacker, 87th Aerial Port Squadron, pose with a forklift in the APS warehouse. The third member of the trio, Tech. Sgt. Mike Maurer is currently deployed.

admirals," said Sergeant Dils. Many Air Force Reserve members find the Navy rank confusing with enlisted seamen wearing brass rank on the collar, said Sergeant Dils. "But it's always 'sir' or 'admiral' when I was addressing them. I never used 'vice admiral' or 'rear admiral'."

Both Sergeant Dils and Airman Overacker served aboard the USS John F. Kennedy, a mammoth 1,050 foot long aircraft carrier with a crew of 3,117. The sergeant was an aircraft mechanic and the Airman, a firefighter. Sergeant Maurer, a Seabee and hull technician, served on the USS Canopus and the USS Belknap which, put together, are not much longer than the JFK, but who's counting.

Sergeant Maurer spent 11 years active duty and in the Navy Reserve. Sergeant Dils was in the Navy from 1982 to 1992. Airman Overacker served from 1998 to 2002. "Airman Overacker may not have been born when I was on the JFK," said Sergeant Dils with a huge smile.

"Duty is different with the 87th," Sergeant Dils said. "I'm ready to roll right now with my new branch if called upon. After seven years total at sea with the Navy, I'm ready for just about anything."

For all three Airmen, their past Navy careers are now water under the bridge. It's full steam ahead with the Air Force Reserve and 445th, with or without the clichés.

Cover your coughs, sneezes

By Maj. Robert Linn
445th Aeromedical Staging Squadron

The peak of flu season may be well behind us, but there are still plenty of bugs out there just waiting to infect you, to include the common cold and the flu.

The common cold causes infection all year round. There are more than 200 viruses that are responsible for the common cold with the rhinovirus causing the most infections. Flu activity typically peaks in the United States in January and February but can occur as late as May. The exact timing of the flu, however, is very unpredictable and can vary from season to season.

Our best defense against the constant threat is to take action every day to stop the spread of germs. It's everyone's responsibility.

Hand washing is the single most effective way to stop the spread of disease. Proper hand hygiene technique is extremely important. First, turn on the water to a comfortable warm temperature and speed. Wet hands and wrists with water first, then apply 3-5 mL of soap. Scrub 15-20 seconds between fingers, tops of knuckles and around and under nail beds. Then rinse with your fingers pointed downward. Lastly, dry your hands thoroughly with a clean, dry, paper towel and use a different piece of clear, dry paper towel to turn off the water faucet. You're done!

There are other very important actions we can take to prevent the spread of disease. Cover your nose and mouth with a tissue when you cough or sneeze. Cough or sneeze into your sleeve if you don't have a tissue available. Afterwards, wash your hands with

soap and water, or if not available, use an alcohol-based hand rub. Avoid spreading germs by touching your eyes, nose and mouth. If you touch one of these areas, wash your hands! Try to avoid close contact with sick people and if you are sick,

limit contact with others as much as possible. If you are sick with a flu-like illness, the Centers for Disease Control and Prevention recommends that you stay home for 24 hours after your fever is gone.



See COVER page 7

SPOTLIGHT



Rank/Name

Tech. Sgt. Steven Mauter

Unit

445th Aeromedical Evacuation Squadron

Duty Title

Aeromedical Evacuation Technician Instructor

Hometown

Bowling Green, Ohio

Civilian Job

Full-time college student at Bowling Green State University and undergraduate researcher studying single molecule trafficking of eukaryotic ribosomal subunits

Education

Completing undergraduate degree in Biology with minors in Chemistry and General Sciences.

Career Goal

Become a commissioned officer in the Air Force

Hobbies

The outdoors, backpacking, sailing, amateur radio, music, and volunteering for the Boy Scouts of America

What do you like about working at the 445th?

I get the opportunity to teach outstanding Airmen how to perform their job all while flying around the world. I also get to positively impact wounded troops' lives by providing in flight medical care.

Why did you join the Air Force?

This is a complicated question; however simply put, I love to fly. I was curious to find out if I would like the medical field, and I wanted to have a solid understanding of the enlisted force before becoming an officer.

News Briefs

COVER from page 6

Additionally, one of the most important steps in preventing the flu and other disease is vaccination. The CDC recommends a yearly flu vaccine which for the 2010-2011 flu season provided protection against influenza A H3N2 virus, an influenza B virus and the 2009 H1N1 virus. Everyone 6 months of age and older should be vaccinated against the flu as soon as the seasons vaccine is available, typically by October or November. People at high risk of serious flu complications including young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart and lung disease, people 65 years and older, health care workers and those that care for high risk people should receive priority vaccination.

Military units and commanders in collaboration with their infection control teams can have a direct impact on reducing the spread of infections. Training is vital in establishing effective infection control practices. Annual training of unit members in addition to ongoing surveillance and spot corrections can go a long way.

A healthy unit is an effective unit. Let's work together to stop the germs in there tracks!

VA picnic

The annual VA picnic will be June 4. No transportation will be provided. If you would like to carpool meet at building 4010 at 10:30 a.m. The wing is collecting donations for the veterans. The following are some of the items needed: new or gently used extra large T-shirts, toiletries, and new underwear, baseball caps, and socks. For more information, contact Master Sgt. Anthony Johns at 257-0068 or Master Sgt. Henry Harlow at 257-3787.

Legal office

The 445th legal office hours are 1 p.m. to 3 p.m. Saturday and 9 a.m. to 11 a.m. Sunday during each unit training assembly.

C-17 events

The 445th will host C-17 welcome events July 8 and 9.

A reception and dinner will be held Friday, July 8 at the Wright-Patt Club. The reception is scheduled to begin at 6 p.m. followed by dinner at 7 p.m.

The cost of the dinner is \$30 and the dress for the evening is business attire.

The C-17 Welcome Ceremony will be held at 10 a.m., Saturday, July 9 in hangar 4016. Due to limited parking, transportation will be provided from buildings 4010 and 101. More details to follow.

For more info, call the PA office at 257-5784.

Newcomers

Capt Jeremy Cousino, OG
 Capt Alan Harmon, ASTS
 Capt Juan Sanchez, AES
 1Lt Dietra Watson, ASTS
 2Lt Tyler Altier, AES
 TSgt Zeus Lee, 87 APS
 SSgt Brandon Baker, ASTS
 SSgt Justin Bentley, CES
 SSgt McLean Correll, SFS
 SSgt Tara Goswick, AW
 SSgt Stephen Hoffman, AES
 SSgt Quincy Tindal, OG
 SrA Marcellus Oliver, SFS
 SrA Philip Peters, SFS
 SrA David Reed, 87 APS
 SrA Tyler Rice, OG
 A1C Christopher Andrews, ASTS
 A1C Matthew Jennings, AW
 A1C Zachary Loechler, 87 APS
 AB Christopher Decker, CES
 AB Joshua Robidoux, AMXS
 AB Jermaine Wade, FSS
 AB Jordan Wells, CES
 AB Jacob Wilson, CES

Promotions

Airman First Class

Jahrad Deakyne, AMXS
 Nicholas Gardner, AMXS
 Connor Linback, LRS
 Travis McKinley, 87 APS
 Garrick Payne, 87 APS

Senior Airman

Andrew Dixon, AMXS
 Matthew Jennings, AW
 Jacob Kreuzer, AMXS
 Douglas Lippert, AMXS
 Zachary Loechler, 87 APS

Staff Sergeant

John Doherty III, ASTS

Technical Sergeant

Ryan Buxton, ASTS
 Travis Egger, 89 AS
 Melisa Lucio, LRS
 Matthew Murrell, AMDS
 Zacherias Thorpe, CES

Master Sergeant

Oliver Fisher, CES

Senior Master Sergeant

Alan Berens, OSS
 Edward Kirker, 87 APS

Awards

Meritorious Service Medal

Col Roger Gallet, OG
 Lt Col Michael Clark, MXG
 Lt Col Neil Repke, AW
 Maj Norman Shaw Jr., 89 AS
 MSgt John Westermeyer, 87 APS

Air Force

Commendation Medal
 TSgt William Fisher, 89 AS

Air Force Achievement Medal

TSgt David Endicott, MOF
 TSgt Jackie Jones Jr., 87 APS
 TSgt Jimmy Montalvo Jr., ASTS
 SSgt Timothy Boris, MXS
 SSgt Daniel Lattimore, ASTS



Sunday, Jun 19



Senior Airman Mikhail Berlin

Dry run

Tech. Sgt. Nichole Mardis, 445th Maintenance Squadron aircraft structural technician, performs a dry run to ensure all hoses work before the C-17 Globemaster III wash, May 17.

On the Web



Motorcycle safety and 101 critical days of summer



Airmen attend Armed Forces Day Luncheon



445 AW reservists selected to run with 4th AF in AF Marathon

445TH AIRLIFT WING/PA
BUILDING 4014, ROOM 113
5439 MCCORMICK AVE
WRIGHT-PATTERSON AFB OHIO 45433-5132

FIRST CLASS MAIL
POSTAGE & FEES PAID
USAF PERMIT NO. 1161

CHANGE SERVICE REQUESTED

