



Staff Sgt. Mikhail Berlin

## 445th FSS Military Personnel Flight undergoes restructuring

By Stacy Vaughn  
445th Airlift Wing Public Affairs

Effective Sept 1, the 445th Force Support Squadron will be completing its final stages of restructuring its military personnel flight to become a military personnel section, an effort mandated by the Air Force.

Maj. Leland Shea, 445th Force Support Squadron commander, said the change has been in the planning stages but was something that couldn't just happen overnight.

"We were originally working to bring the personnel and services career fields under one streamlined organization as directed by the Air Force. Part of this objective meant adjusting to the newly prescribed mission threads in the military personnel section. With the recent operational readiness inspection, as well as our addition of the communications element mission last year, we were delayed in making this change. Now we can't wait any longer," Shea said.

Before the change, the military personnel section was divided into four areas; relocations, employment,

career enhancement and customer service. With the restructuring, there will only be three areas: customer support, force management and career development.

Master Sgt. James Highland, MPS superintendent, said the services provided by the MPS are going to be grouped logically. This will allow wing personnel to easily determine which section to visit.

"The new setup is more organized and is easier for the customer to understand what area will best fit their needs," Highland said. "Customer support is a given. It's your ID cards, SGLI, etc. It fits your personal needs, where-

as career development focuses on individual career needs. Force management focuses on the unit or wing level needs."

Tech. Sgt. Theron Betsey will oversee customer support. His area covers awards and special programs, Survivor Benefit Plan, casualty, citizenship, Defense Enrollment Eligibility Reporting System, family care, ID/CAC cards, newcomers program, and special duty applications. Customer support can be reached at (937) 257-5090. Master Sgt. Rhoda Salinas will oversee force management. Her area covers classification, commissioning programs, such as the Deserving Airmen and medical commissioning programs, duty changes and status, evaluations, line of duty determination, unit personnel management roster. Force management can be reached at (937) 257-4638. Master Sgt. Victoria Errett will oversee career development. Her area covers assignments, first sergeants board, high year tenure, promotions/demotions, retirements, retraining, reserve service commitment, and separations. Career development can be reached at (937) 257-4382.

"You'll notice some changes and some new faces in the areas where you normally do business. You're still going to get good service but it may be with a different person now," said Maj. Sean Handley, 445th FSS operations officer.

Touching on Handley's comments, Shea said it may not seem like a monumental shift to the wing on pa-

# Flexibility, compliance go hand in hand

By Lt. Col. Joseph Savage  
445th Logistics Readiness Squadron Commander

We've all heard sayings such as "flexibility is the key to airpower" and "roll with the punches." How about "you can't teach an old dog new tricks" or probably one of the most used, "that's the way we've always done it?"



We all need to be flexible and that has NEVER been more evident than today. New words, new concepts, new methods, new ideas, and new technologies are driving changes in our society and in our Air Force almost faster than we can keep up with them.

It seems like every week regulatory guidance is changing or a program changes and we have to adapt to a new way of doing something.

There are a lot of us "more experienced" Airmen who are creatures of habit and slaves to routines. We generally don't rush to embrace changes – we are conditioned to work the same daily tasks, expect the same inputs, generate the same outputs, and we don't react

well when workload changes or our daily routine gets changed by some event we don't have control over. We grumble, get grouchy, short in our conversations, or more importantly maybe avoid the things that we should do because we get thrown off our game.

I would submit to you that the only thing constant is CHANGE. Change is indeed inevitable and really now should be considered the normal way of doing business. We need to react positively (no grumbling?) and continually look for new and improved ways of doing things. New ideas can be good and indeed save money for the Air Force and us taxpayers. New methods can generate more efficiencies in our daily work enabling us to work smarter not harder. New technologies enable us to communicate more quickly and effectively. All of these things are good, right?

That being said, certain things need to stay the same. We need to adhere to regulatory guidance, safety procedures, and command policies as we always have. That will NOT change.

The compliance inspection is rapidly approaching and will be here before we know it – in February/March 2014. In fact the inspection system is undergoing a huge change as we speak.

But, ultimately, no matter what the final name or the final rating criteria turns out to be, we need to be compliant with all regulatory guidance, policies and procedures. The key for us will be to use the checklists in MICT to manage our programs. If you are deficient in an area, identify the problem, put a plan together to fix the problem, and work the plan! If we do that, no matter what changes happen, we will still be compliant.

Be flexible when possible but compliant always - Never let them see you sweat!

## Buckeye Flyer

### 445th Airlift Wing Editorial Staff

Col. Stephen Goeman  
Commander

Lt. Col. Cynthia Harris  
Chief, Public Affairs

Stacy Vaughn  
Public Affairs Specialist

Shamae Jones  
Public Affairs Specialist/  
Editor

5514 McCormick Ave.  
WPAFB, OH 45433  
Building 4010, Room 171  
937.257.5784  
445AW.PA@wpafb.af.mil

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## Stress presents challenges, rewards

By Chaplain (Lt. Col.) David Leist  
445th Airlift Wing Chaplain Corps

Starting a new position, work assignment or educational class can be exciting with many new things to learn and experience. These types of changes can be rewarding but also can come with stress.

We often think of stress in a negative light.

Stressors such as challenging relationship issues, financial constraints, an unexpected turn of events, misfortune, change in the work setting or health related issues can weigh heavy upon us.

We may feel overwhelmed or burdened with the surmounting pressures these type of stressors bring.

As an Air Force Reserve community, we are extremely aware of juggling family responsibilities, job commitments, training, schools and key aspects of our daily lives. The first thing to realize

is that stress is normal. Managing and overcoming it before it leads to major debilitating problems is vital.

Being a good Wingman involves recognizing signs of stress in ourselves and our peers and being willing to ask for help or assist other who are in need of it. Knowing where to turn when stress is building and pointing our fellow Airmen in the direction to give or receive support is crucial to success.

Each of us can employ awareness and intervention strategies before a member has reached the threshold of debilitating distress, as indicated by

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# Wing selects third quarter award winners

## Airman



**Senior Airman Zachary Loechler**, 87th Aerial Port Squadron air transportation craftsman, is the 445th Airlift Wing Airman of the Quarter, third quarter. Loechler is the vehicle trainer for the passenger service fleet. He enabled a 50 percent increase in license additions on buses, bobtails and baggage conveyors. Loechler was part of the advanced echelon team for the 2012 Volk Field Operational Readiness Exercise, deploying and re-deploying 800 passengers and 1,500 sandbags with zero delays or incidents. During his off-duty time, Loechler is the assistant coach for the Gahanna Soccer Association. He's a volunteer for the American Heart Association, assisting in explaining nutritional value and wellness of life to participants. He's also a volunteer for the U.S. Air Force Delayed Entry Program, helping to mentor enlisted candidates preparing to enter the military.

## NCO



**Master Sgt. Amanda Hostetter**, 445th Aeromedical Evacuation Squadron technician, is the 445th Airlift Wing NCO of the Quarter, third quarter. Hostetter managed three mission-critical readiness programs. She facilitated training for more than 50 peers in preparation for the wing's operational readiness inspection. Hostetter attended the NCO Academy, graduating in the top 5 percent of her class. While there, she was the commander of reveille retreat detail and she instructed the NCOA graduation colors team. During her off-duty time, Hostetter coordinated a mock fatal crash for more than 250 high school students during a prevention of drinking and driving presentation. She helped raise more than \$1,000 during a fundraiser event for the Knoxville Ronald McDonald House. She also participated in a two-day blood drive for the Knoxville Community that boasted more than 100 donors.

## SNCO



**Master Sgt. James Hartsell**, 87th Aerial Port Squadron air transportation craftsman, is the 445th Airlift Wing Senior NCO of the Quarter, third quarter. Hartsell served as the NCO in-charge for the Air Mobility Division Backlog Cargo while deployed, participating in more than 5,500 missions with zero mishaps. He improved Area of Responsibility passenger and cargo support. He also increased the C-17 and C-130 efficiency by 15 percent and the cargo velocity by 33 percent, avoiding more than \$100 million theater express costs. The sergeant synchronized the central command-wide cargo report; now it reads 98 percent accurate from 72 percent. During his off-duty time, Hartsell is the head coach for the Reynoldsburg Youth Soccer team. He received his Community College of the Air Force degree in transportation and is currently pursuing a bachelor's degree in air transportation.

## CGO



**Capt. Stephen Kilijanczyk**, 445th Aerospace Medicine Squadron officer-in-charge of immunizations, is the 445th Airlift Wing Company Grade Officer of the Quarter, third quarter. Kilijanczyk and his technicians administered more than 2,000 shots to wing personnel. He coordinated with the active duty in a needle exchange program, preventing 10,000 needles from being wasted or expiring. Kilijanczyk led the operational readiness inspection mobility line, processing 341 players with zero write ups. The captain volunteered for a short-notice nurse position on annual tour to Virginia, completing the required training in record time. During his off-duty time, Kilijanczyk volunteers at a local soup kitchen. He also volunteers at Hope free medical clinic, providing medical care to the underserved. The captain attained his specialized registered nurse training and is currently working on his master's degree.

## Wings of Women Conference - MENTORS NEEDED

Female mentors are needed for the 2013 Wings of Women Conference to be held at the U.S. Air Force Museum Friday, Oct. 4 from 8 a.m. to 3:30 p.m. Approximately 55 youth between the ages of 13 and 17 will be in attendance. WOW's aim is to stir future interest, introduce participants to career opportunities and resources that are available, and demonstrate that it is possible to achieve success in aviation, and in life. Those interested in being a mentor should contact the 445th Airlift Wing Public Affairs at (937) 257-5784 no later than Sept. 16.



# Married to the military:

## Deployment challenges for mil-to-mil families

By Senior Airman Shen-Chia McHone  
445th Airlift Wing Public Affairs

During every deployment, it seems military families learn to understand and live the life of the Air Force core values of “Service before Self.”

For the life of an Airman, deployments and temporary duties are inevitable, and families are learning to come to terms with spouses being away for an extended period of time.

For Airman 1st Class Blakley Sullivan, 445th Aerospace Medicine Squadron dental technician, she feels when her husband deploys, the first two weeks is always the hardest time to adjust to, but the main key that has made their five-year marriage work during deployments is keeping a line of communication through video chats, emails and social media websites.

“Good lines of communication with your spouse and staying in touch with your assigned key spouse while he or she deploys is what has helped me to remain strong through my husband’s five deployments,” says Airman Sullivan.

Because of the military, the military couple fell in love while stationed in Spangdahlem Air Base, Germany in 2007 and have been together ever since. Despite what media may portray about military marriages through rose-colored glasses, not every relationship is picture perfect.

Last Christmas was the first Christmas holiday the military couple has been able to spend time together as a family.

“It was one of those moments in life that makes it all worth it after being apart for so long,” said Staff Sgt. John Sullivan, 51st Civil Engineering Squadron water and fuels systems maintenance craftsmen.

Sergeant Sullivan is currently in Osan, Korea, serving a short tour.

“I really enjoy deploying because the work pace is busy, fast and crazy and time just flies by,” said the sergeant.

He says that he is highly dedicated to his career, making sure the base runs smoothly so everyone else can perform their duties.

“We are a family in CES and we make sure that our family works in the same way at work as at home, as hard as you can to make everyone else proud of where they live and work,” said Sergeant Sullivan. “On the other hand, you know what you are leaving behind when you’re gone, so it is a win-lose situation for me.”

He says he feels sad being away from his family because he has missed out on so much.

“I listened to my son’s first words over the phone while in Iraq, I watched him walk for the first time on a video recording, and I missed his first day of

school, as well as birthdays and anniversaries,” said Sergeant Sullivan.

Although they spend much time apart, he says the best time for him in the world is when he gets to spend time with his children when he comes home.

“It breaks my heart when my kids tell me every day that they want their daddy to come home so that we can live as a family again,” said Sergeant Sullivan. “And with every deployment, it gets harder because the older the kids become, the more they realize how much I am gone. That in itself makes things harder each time I have to leave.”

In order to cope with being away, the sergeant feels that staying in touch with his family is his highest priority, regardless of the challenging time difference. The Sullivan family has made many sacrifices in order to make their relationship work.

“We have faced many hardships during our marriage because of the military with the TDYs and deployments, but I try to keep myself busy and stay active with the 445th, my friends and spending time with my children,” said Airman Sullivan.

Military-to-military marriages are sometimes more challenging than traditional marriages, and Sergeant Sullivan agrees.

“Separation is something that very few people in the civilian life will ever experience for an extended period of time like we do, but I love being a military spouse. I love seeing my beautiful wife in her uniform. It makes me very proud that she is not only willing to be married to a military man, but being able to put the uniform on herself and make the same sacrifices that I have to make,” he says.

People don’t generally understand something unless they experience it, and this may be true that often non-military communities don’t know what it takes to be a military spouse unless they are one.

“I love my job, and my wife and kids support me 100 percent with everything that I do,” said Sullivan. “We are a military family and sacrifices are something that we have grown accustomed to over the years.”

Although the sergeant has been in Korea for 10 months so far, he was fortunate enough to have his wife visit him. We were able to travel and experience a different culture, and see that we take many things for granted living in America.

“I know my wife doesn’t enjoy being away from me, but it has brought us so much closer together than I could have ever imagined,” said Sergeant Sullivan. “We have had our ups and downs, but through it all we have gone through it together side by side. I love and miss my family more than life itself.”



# Airman wins the war on cancer

By Maj. Denise Kerr

445th Airlift Wing Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio - A passenger services superintendent assigned to the 87th Aerial Port Squadron here celebrated a milestone on Aug. 1 that he did not expect, being cancer free.

"When the lab tech turns around and says, 'Your doctor will get back to you,' that means you've got something," said Senior Master Sgt. John Westermeyer. "Before my last visit, I had immediately scheduled surgery before my doctor called."

Westermeyer has battled thyroid and lymph node cancer for the past six years. Today, he is a walking testament of perseverance and courage.

"I found out that I had a lump in my throat in May 2007," he said. "I got a referral for a head and neck specialist. They did an ultrasound and found something. It was determined that I had papillary thyroid cancer; I was told that was the best one you can get."

The cancer was not supposed to spread, but it did. After his doctor removed his thyroid, he had check-ups every six months. In 2010, he found out that the cancer had metastasized into his



Master Sgt. Charlie Miller

**Senior Master Sgt. John Westermeyer, 87th Aerial Port Squadron passenger services superintendent, checks the engine of a 60K loader, a vehicle used to load and unload cargo from all military and commercial cargo aircraft.**

lymph nodes.

"I had a major surgery where they skinned me from ear to ear to take out 100 lymph nodes. It took six hours. I had 26 staples sutured on me and spent six days in the hospital. I underwent radiation therapy for week," Westermeyer said.

After a 45 minute gamma ray scan in 2011, it was determined that two additional lymph nodes

needed to be eradicated. At 46-years-old, Westermeyer has had cancer surgery ten times.

"I probably have had over \$100,000 worth of surgeries and paid less than \$56 because of my insurance," he said.

Moving forward with less fear and more optimism in life, he plans on applying to be a first sergeant for the 445th Civil Engineering Squadron when a slot becomes available.

"He is a very positive role model and a mentor; if you have any questions he is willing to find the answer out for you," said Tech. Sgt. Justin Delp, an 87th APS air terminal operations supervisor.

Despite his prolonged illness, the sergeant has maintained physical and spiritual fitness.

"Every other day I bike 20 miles, do yoga and run. In April, I scored a 99.8 on my physical fitness test. I go to church every Sunday. I pray every day. I would like to do my max of 33 years in the reserves," Westermeyer said.

Finally, now cancer free he hopes that it never returns.

"It makes you appreciate life a lot more; this Christmas, I plan to visit my brother in Paris."

*STRESS, from page 2*

emotional difficulties, alcohol or substance abuse, violence or behavioral-linked accidents.

Here are some suggestions for managing stress and minimizing its negative effects;

1. Understand the sources of stress
2. Confront major stress in your life
3. Manage daily stress
4. Take good care of yourself, body, mind and spirit
5. Learn new coping skills.

These steps can be invaluable aids as we learn to face the inevitable stresses of life sensibly and courageously.

Healthy stress is also a natural part of life. We all need a certain level of stimulation to perform daily tasks and achieve goals. Meeting new people, establishing a new work station, finding a new place to live can also present challenges even though these circumstances are for the most part

welcomed and favorable.

Whatever stressors life is sending your way be assured that you do not have to go through these circumstances alone. Feel free to come and share your life changes with the members of the Chaplain Corps of the 445th. We are here for you and can offer a comfortable, safe secure setting to help you see stress as less of a burden and more of a blessing--a catalyst toward living a life the is full, healthy and whole.

There are several new faces in the Chaplain Corps of the 445th Airlift Wing. If you have not already done so I would encourage you to meet the new chaplain assistants. Master Sgt. Michael Golden, Staff Sgt. Precious Sims and Senior Airman Corey Mowen. The Chaplain Assistants and the Chaplains together provide a RST (religious support team). Collective we stand together to affirm, listen, support and pastorally care for you. We look forward to seeing you around the wing and getting to know you better.



# SPOTLIGHT

**Rank/Name**

Senior Airman  
Donald Bell

**Unit**

445th Maintenance  
Squadron

**Duty Title**

Personnel apprentice

**Hometown**

Akron, Ohio

**Civilian Job**

Small business  
banker in Columbus,  
Ohio

**Hobbies**

Being a dad, personal  
training, art, indoor  
rock climbing, sports

**Education**

Associate degree

in radio/television  
broadcasting from  
the Ohio Center for  
Broadcasting

**Career Goal**

Retire as an officer in  
the Air Force

**What do you like  
about working at  
the 445th?**

Coming in on unit  
training assembly  
mornings and see-  
ing the line of C-17s  
parked on the flight  
line, the people, and  
the camaraderie.

**Why did you join  
the Air Force?**

Joining the military



Senior Airman Matthew Cook

was something I always  
wanted to do, but I felt  
the timing had to be right.  
Once I finished school and  
my son was old enough, I

wanted the new chal-  
lenge. That's when I  
knew it was the perfect  
time to take that step  
and join the military.

Visit us on the 445th Airlift Wing Facebook page. We would love to hear from you!



Tech. Sgt. Anthony Springer



## 445th Operations Group welcomes new commander

Col. Stephen D. Goeman, 445th Airlift Wing commander, passes the guidon to Col. David A. Owens, Jr., incoming 445th Operations Group commander, during an Appointment of Command ceremony Aug. 3.



# News Briefs

## Awards

### Meritorious Service Medal

Lt Col Matthew Duffy, 89 AS  
 Lt Col Oliver Loyd, ASTS  
 Lt Col Christopher Matlack, AES  
 Lt Col Paul Neef, LRS  
 Maj Jose Cardenas, AW  
 Maj Matthew Sleigh, AMXS  
 Maj Kevin Sullivan, 89 AS  
 CMSgt John Dornon, MXS  
 SMSgt John Birhanzl, MXS  
 SMSgt Timothy Emberton, MOS  
 SMSgt Janet Wescott, CES  
 MSgt Donald Boudinet, 89 AS  
 MSgt Jerald Cremeens Jr., 89 AS  
 MSgt David Goins, MOS  
 MSgt Chirron Hayslett, ASTS  
 MSgt Robert Ratliff, AMXS  
 TSgt Daniel Bridgman, LRS  
 TSgt Robert Brown, 89 AS

TSgt David Endicott, MOS  
 TSgt Carol Lewis, LRS

### Air Force Commendation Medal

TSgt David Compton, ASTS  
 TSgt Andrew Cox, MXS  
 TSgt Nicholas Horn, AMXS  
 TSgt John Kryk, AMXS  
 TSgt Timothy Meenach, AW  
 TSgt David Winslow, SFS  
 SSgt Stephen Billingsley, AMXS  
 SSgt Adrienne Hood, LRS

### Air Force Achievement Medal

Capt Leslie Mugg, AES  
 Capt Rodney Silva, DET 2  
 Capt Christopher Smith, AES  
 SMSgt John Birhanzl, MXS  
 SMSgt Richard Burkheiser, MXS  
 TSgt Spencer Fisher, AMXS  
 SSgt Amanda Bush, AES  
 SrA Joseph Farrell, AMXS

SrA Ryan Lucas, LRS  
 SrA Michael Sheehan, MXS

### Army Achievement Medal

MSgt Scott Luff, AMDS  
 SSgt Steven Flowers, AMDS  
 SrA Anthony Marrazzi, AMDS

### Aerial Achievement Medal

1Lt Bradley Taylor, AES

### Joint Service Commendation Medal Recipient

TSgt James Sparks, DET 2

## Promotions

### Airman

Jeneca Kennedy, AMDS

### Airman First Class

Sarah Boykin, 87 APS  
 Jacob Jones, AMXS

### Senior Airman

Timothy Birch, CES  
 Ojieh Ohiembor, 87 APS  
 Stephen Vogel, CES

### Staff Sergeant

Benjamin Battista, 87 APS  
 Bethany Maltinsky, AMDS  
 Richard McMillian Jr., DET 2  
 Bradley Moore, CES  
 David Richards, 87 APS  
 Brandon Spence, CES  
 Joshua Thompson, DET 2  
 Michael Young, 87 APS

### Technical Sergeant

Jamar Brown, ASTS  
 Matthew Foster, 87 APS  
 Darin Pleshe, DET 2  
 Michael Summers, ASTS  
 Clarence Washington, DET 2

### Master Sergeant

Eric Cornett, LRS  
 Kara Fox, DET 2  
 David Merlo, CES  
 Brian Williams, MOS

### Senior Master Sergeant

Scott Luff, AMDS  
 Linda Sparks, FSS

### Chief Master Sergeant

Marti Mramor, DET 2

*FSS, from page 1*

per, however, developing proficiencies in personnel functions outside of previously worked areas is no easy task.

"We still have challenges facing us with respect to normalizing a structure in which all of our elements are firing on all cylinders. However, we are continually bringing in quality NCOs and Airmen in all of our career fields, both Air Reserve Technicians and traditional reservists. These folks, coupled with our seasoned vets, ease all worry that we will continue to meet our mission of providing quality and dedicated support to our customers," Shea said.

The wing began to implement the force support squadron concept in 2010. The 445th Force Support Squadron stood up December 4, 2010, combining both the 445th Services and Mission Support Flight. The communications flight followed suit.

"Our folks deserve a lot of credit for embracing this change head-on. To add to their plates, we've increased our supported customer base with the

inclusion of the Det 2 mission here at Wright-Patt. While we anticipate increased manning in the future to offset the workload, it hasn't happened yet," Shea said.

Handley said manning has been another adjustment for the FSS over the last couple years.

"Before all the changes, we had 45 people assigned in three areas -- family readiness, personnel and training, and mission support flight. Now having those three areas plus services (sustainment flight) and communications (element) we have five areas now with 80 assigned," Handley said.

Maj. Donald Miller, officer-in-charge, manpower and personnel, has been waiting for the change since coming on board here in 2012.

"We've been waiting a long time to roll out our new structure. It's been a lot of work since we began the restructure; but, all-in-all, it's going to be worth it in the end. We look forward to continuing our support to the wing," Miller said.



# ARPC announces lieutenant colonel promotions

BUCKLEY AIR FORCE BASE, Colo. -- Air Reserve Personnel Center officials here announced results for the Calendar 2013 Air Force Reserve Line and Health Professions Lieutenant Colonel Promotion Selection Boards Aug. 15. These boards selected more than 500 Citizen Airmen for promotion.

The selection boards convened at the center here June 10 - 14 to determine those officers best qualified to assume the next higher grade. Board members selected 593 of 1,394 officers considered.

Thirteen members of the 445th Airlift Wing were selected.

Congratulations to the following 445th Airlift Wing lieutenant colonel selectees: Lindsey Bullard, 445th Operations Support Squadron, Thomas R. Bulthaus, 89th Airlift Squadron; Anthony M. Calabrese, 445 OSS; Suzanne M. Johnson, 445th Main-



tenance Squadron; Denise A. Kerr, 445th Airlift Wing; Matthew E. Middleton, 89 AS; Hans F. Otto, 445th Aerospace Medicine Squadron; Malcolm G. Quincy, Jr., 89 AS; Mary Lou O. Reed, 445th Aeromedical Staging Squadron; Richard R. Wartenberg, 89 AS; Laura L. Wiggins, 445 ASTS; Charles L. Destefani, 445 AW; and Michael L. James, Detachment 2/10th Air Force.

A complete list of Airmen selected for promotion is by visiting the Air Reserve Officer Promotion page on myPers, <https://mypers.af.mil>.

Categories considered during these promotion boards are: Air Force Reserve Line, Dental Corps, Medical Corps, Nurse Corps, Medical Services Corps and Biomedical Sciences Corps.

For more information, call promotion board secretariat specialists at 800-525-0102.



## 445th Airlift Wing joins Twitter



The 445th Airlift Wing has joined the Twitter crowd in a continued effort to enhance unit communication. For wing news and updates, follow the handle @445AW or search for "445 Airlift Wing".

Twitter is a free social networking and microblogging service that has grown tremendously during the last few years, with more than 500 million registered users in 2012. Twitter is one of the ten most visited websites.

The wing already has a Facebook site, 445 Airlift

Wing, with more than 1,600 likes. The new Twitter account adds another social networking capability to its community outreach that, like Facebook, is available with mobile phone applications as well as personal computers.

To receive 445th tweets, a potential subscriber must first create a Twitter account at [www.Twitter.com](http://www.Twitter.com) and then "Follow" the 445 Airlift Wing. As a follower, the Twitter subscriber will receive wing tweets directly.

### On the Web



**Wing participates in Global Medic Exercise**



**89th partners with active duty for medical maggots experiment**



**445 AW 2010 Youth of the Year serves as sentinel**

445TH AIRLIFT WING/PA  
 BUILDING 4014, ROOM 113  
 5439 MCCORMICK AVE  
 WRIGHT-PATTERSON AFB OHIO 45433-5132

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