

Wing welcomes Luftwaffe officers

*By Capt. Elizabeth Caraway
445th Airlift Wing Public Affairs*

WRIGHT-PATTERSON AIR FORCE BASE, Ohio – A lot has changed in the seven decades since the end of World War II; the United States and Germany are now allies in the North Atlantic Treaty Organization, serving deployments and working missions together. They are also learning more about the way each does day-to-day business in the Air Force Reserve.

Since the signing of a Memorandum of Understanding in 1985, more than 300 German Air Force, or Luftwaffe, officers have participated in the Reserve Foreign Officer Exchange Program with the United States.

Two German officers, Lt. Col. Stefan Bitterle, Luftwaffe public affairs, and Maj. Malte Hinz, Luftwaffe internal security, arrived here June 6 for two weeks of learning how the Air Force Reserve does business and sharing more about their military.

All the exchange German officers first traveled to Washington, D.C., for historic tours and briefings from Pentagon officials. From there, the 25 Luftwaffe members were sent on to U.S. bases across the country on a mission.

“We are here to learn about the U.S. Air Force Reserve system and use what we’ve learned to make suggestions to our superiors on ways to improve our own,” said Hinz.

Unlike the U.S. system, reservists in Germany have no set number of required days. If they deploy, their deployments last up to six



Tech. Sgt. Frank Oliver

Capt. Joseph Amato, 445th Aircraft Maintenance Squadron, shares a laugh with Air Force veteran Shelly Blackman during the Dayton Veterans Affairs Medical Center picnic June 7, 2014.

Past, present vets come together at Dayton VA picnic

*By Capt. Elizabeth Caraway
445th Airlift Wing Public Affairs*

DAYTON, Ohio – More than 250 veterans gathered for food, fellowship, and fun at the annual Veterans Affairs Medical Center Picnic here on June 7. Members of the 88th Air Base Wing and 445th Airlift Wing joined the Dayton Veterans Affairs Medical Center residents and families to celebrate service and the music of the Air Force Band of Flight’s ‘Systems Go.’

The picnic has been a mainstay since 1996 for VAMC residents. Many of the veterans are long-term residents and others stay for 30-, 60, or 90-day respite care. Events are eagerly anticipated.

“Our veterans enjoy this oppor-

tunity to socialize with others in uniform and share the experience with their family members,” said Kenneth Spain, VAMC voluntary services. “It’s nice for them to get out the building on a beautiful day like today and enjoy themselves.”

The Air Force Sergeants Association Kittyhawk Chapter 751 sponsors two annual events for VA residents.

“We are honored to be able to bring these veterans two yearly events—the indoor holiday party and this outdoor picnic,” said Master Sgt. Dionne Taylor, National Air

Safety office offers tips for heat illness prevention

Heat illness can be deadly. Every year, thousands of workers become sick from exposure to heat, and some even die. Heat illnesses and deaths are preventable. Employers are responsible for providing workplaces that are safe from excessive heat.

What is heat illness?

The body normally cools itself by sweating. During hot weather, especially with high humidity, sweating isn't enough. Body temperature can rise to dangerous levels if precautions are not taken such as drinking water frequently and resting in the shade or air conditioning. Heat illnesses range from heat rash and heat cramps to heat exhaustion and heat stroke. Heat stroke requires immediate medical attention and can result in death.

How can heat illness be prevented?

Employers should establish a complete heat illness prevention program to prevent heat illness. This includes: provide workers with water, rest and shade; gradually increase

workloads and allow more frequent breaks for new workers or workers who have been away for a week or more to build a tolerance for working in the heat (acclimatization); modify work schedules as necessary; plan for emergencies and train workers about the symptoms of heat-related illnesses and their prevention; and monitor workers for signs of illness.

Workers new to the heat or those who have been away from work and are returning can be most vulnerable to heat stress and they must be acclimatized.

To prevent heat related illness and fatalities:

- Drink water every 15 minutes, even if you are not thirsty.
- Rest in the shade to cool down.
- Wear a hat and light-colored clothing.
- Learn the signs of heat illness and what to do in an emergency.
- Keep an eye on fellow workers.
- "Easy does it" on your first days of work in the heat. You need to get

used to it.

If workers are new to working in the heat or returning from more than a week off, and for all workers on the first day of a sudden heat wave, implement a work schedule to allow them to get used to the heat gradually.

Remember these three simple words: Water, Rest, Shade. Taking these precautions can mean the difference between life and death.

Who is affected?

Any worker exposed to hot and humid conditions is at risk of heat illness, especially those doing heavy work tasks or using bulky protective clothing and equipment. Some workers might be at greater risk than others if they have not built up a tolerance to hot conditions, including new workers, temporary workers, or those returning to work after a week or more off. This also includes everyone during a heat wave.

(Article courtesy of Occupational Safety and Health Administration [OSHA].)

Buckeye Flyer

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Servant leaders lead by serving others

By Chaplain (Lt. Col.) David Leist
445th Airlift Wing Chaplain Corps

Earlier in the year I was able to attend a chaplain training event. One of the breakout sessions that caught my interest was entitled servant leadership.

Three key concepts were presented at the introduction of the session.

1) Servant leadership travels on the tracks of relationships. Servant leaders are not Lone Rangers and inspire healthy relationships and positive growth.

2) Servant leadership is a behavior and a choice. Servant leaders do the right thing when everyone is watching and when no one is watching.

3) Servant leadership is influence. Servant leaders inspire and get the job done.

This workshop stirred my interest in this subject. The consensus of opinion stated that a genuine servant leader leads by serving others.

This sounds like a common sense expression but how many of us have experienced those who have led from the rear or have lost sleep at night worrying about the next day because they felt threatened or

intimidated by their supervisor.

Servant leaders place the interests and needs of their followers ahead of their own.

As the group compiled a list of common traits, several character components were expressed. (Humility, not thinking less of yourself but thinking of yourself less, serving in the midst of no visible gain, a willingness to sacrifice, approachable, encourager, transparent, good communicator, stands by not over, equipping, welcomes input, listens and addresses needs).

Each of us has been given the responsibility of leadership within the ranks of the Air Force Reserve and the 445th Airlift Wing. Our Core Values are based on servant leadership and service before self. We as members of the Chaplain Corps remain available to help you as you follow your chosen path. Know that we stand beside you as you make crucial leadership decisions in the unfolding chapters of your reserve life and remain willing, able and ready to assist you in your leadership decisions.



AMDS trains with Army Reserve soldiers



Photos by Tech. Sgt. Frank Oliver

Four Airmen from the 445th Aerospace Medicine Squadron performed real-world medical support for soldiers from the Army Reserve European Command (EUCOM) Joint Analysis Center, Army Reserve Element Detachment 5, based out of Wright-Patterson Air Force Base, Ohio June 10 – 11, 2014. In addition to providing medical support, the Airmen also participated in the combat training exercise at the Muscatatuck Urban Training Complex in southern Indiana.

1. Senior Airman Michael Bell, 445 AMDS, center, and Army soldiers defend a building during a simulated attack by opposing forces during an Army Reserve exercise. The intense combat training was highlighted by this final battle featuring simulated M16 rifle rounds, smoke and flash-bang grenades and simulated improvised explosive devices.

2. Senior Airman Anthony Marrazzi, 445 AMDS, confirms a “fatality” during a simulated improvised explosive device attack.

3. Staff Sgt. Steven Flowers, 445 AMDS, is captured by American forces as he portrays an enemy combatant in a fictitious eastern European country during a U.S. Army urban warfare exercise.

4. Senior Airmen Michael Bell, 445 AMDS, handcuffs Flowers during the training scenario.



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months, are entirely voluntary and can be broken up and served in increments. Pay is rarely competitive, with reservists often losing money during their time in uniform. Still, neither officer has any plans of leaving service, expressing a sentiment with which most U.S. Airmen identify.

"The Luftwaffe gives me an opportunity to give back to my country and preserve it for future generations," said Bitterle.

Hinz explained that the Luftwaffe has faced multiple challenges during the last few years.

"It used to be that all German males had to participate in the military or in civil service," he said. "The draft was lifted. That policy was done away with in 2011. Since then, we've had a difficult time filling out our ranks."

Germany spent just over 6 percent of taxes on its armed forces last year. The budgetary shortfalls have created challenges, requiring the Luftwaffe to partly outsource air transport to commercial aircraft—an expensive endeavor.

Both Hinz and Bitterle spoke favorably of the European Air Transport Command (EATC), a six-nation organization that stood up in 2010 to share military air transport.

"The EATC is a successful example of optimizing our existing resources," explained Bitterle. "By sharing more than 160 aircraft among six countries, we minimize spending, increase our interoperability, and minimize our physical, in-country military footprint."

The EATC provides an avenue for member nations to submit AT requests that are considered based on asset and crew availability. Members recognize that political and legal ramifications may prevent mission support, so countries have veto power.

"It's really a harmonization process," said Hinz. "The EATC has to balance the resources against each country's missions and politics."

The German officers expressed enthusiasm over the A-400M Atlas, the newest aircraft in Germany's



Tech. Sgt. Frank Oliver

Luftwaffe internal security officer Maj. Malte Hinz shares information about the German Air Force with 445th Airlift Wing reservists during the June 7, 2014 unit training assembly.

inventory. To date, 174 of these aircraft have been sold to seven NATO allies and Malaysia. The four-engine turboprop was praised for its multirole design. Its cargo hold can carry resources too large for a C-130, it can operate on unpaved short fields, and it is tanker and receiver capable.

"With the A-400M, we can overcome the payload and range challenges of other aircraft," said Bitterle.

The nine C-17s of the 445th Airlift Wing also garnered their respect.

"The C-17 is an awesome aircraft," said Bitterle. "When I was deployed to Afghanistan, I flew in

it from Bagram Air Base to Spangdahlem Air Base and was very impressed."

The aircraft weren't the only part of the 445th to gain the officers' attention.

"Everyone is so genuinely happy to be here," observed Hinz. "It's a really wonderful environment to be in, filled with respect."

The German exchange officers are presenting to their superiors on their observations in Bonn later this month and said they are eager to share what they've learned about a "successful Reserve system," Hinz concluded.

Reserve DEDB mandatory separation date changes

By Cindy Dewey
ARPC Public Affairs

In advance of the release of the Reserve Developmental Education Designation Board Invitation to apply, Air Reserve Personnel Center is notifying leaders of a significant change to policy with regards to candidate eligibility.

The March 2014 Career Management Board, chaired by Lt. Gen. James F. Jackson, commander, Air Force Reserve Command, determined the mandatory separation date retainability requirement to be eligible to apply for the RDEDB would be increased from 36 to 48 months at the time of graduation.

The CMB agreed that it is imperative

AFRC maintains depth of the applicant pool, ensures retainability, and maximizes return on investment. The board members also determined the RDEDB Board President may continue to consider and grant waivers.

Further details will be provided when the RDEDB Invitation to Apply is released in the upcoming weeks.

//signed//

SAMUEL C. MAHANEY, Brig. Gen., USAFR
Commander, HQ Air Reserve Personnel Center



VETS, from page 1

and Space Intelligence Center geospatial intelligence flight chief and AFSA trustee.

The picnic was more than an opportunity to eat burgers and hot dogs, and listen to music, though.

"These events mean so much to the residents," said Kimberly Frisco, Dayton VA Medical Center Chief of Community Relations. "It shows them that they are not forgotten and that they're a vibrant part of the community. They love seeing men and women in uniform."

Residents also enjoy sharing their stories, said Frisco.

"I truly do love [the picnic]. You don't understand how much we appreciate it all—not just the food and entertainment, but spending time with everyone," said retired Army Sgt. Gosie E. Reynolds, a resident and enthusiastic dancer during the event.

Reynolds' entrance to military service was unusual; he was drafted into service in 1960 at the age of 25. At the time, he had already been married for nine years. He wed his 14-year-old bride



Tech. Sgt. Frank Oliver

First Lt. Justin Wilson, National Air and Space Intelligence Center, and retired Army veteran Marion Davis pray during the Dayton VA Medical Center picnic Saturday, June 7, 2014.

when he was just 16. He was shocked when he was informed he'd been drafted.

"My birthday was in just a few weeks," he said. "I was literally the oldest guy in my basic training flight; I was there with 17 year olds. I was married with two kids, but I headed out to Fort Knox."

Due to his age, Reynolds came out of basic training as a sergeant. He was trained as the number one man on the 105 mm howitzer, a job he enjoyed, but that was physically punishing.

"The recoil on the gun was powerful and was known for destroying shoulders when it would kick back."

Reynolds was sent overseas to Germany, but injuries sent him home early.

"Every day is a gift from God. We take so very much for granted," Reynolds reflected. "Every day of my life, I try to do something to help someone, and it doesn't have to be anything big—a kind word, small things. Find a way to show others love and respect."



Senior Airman Devin Long

AES change of command

Col. David Owens, 445th Operations Group commander, passes the guidon to Lt. Col. Christopher Matlack, incoming 445th Aeromedical Evacuation Squadron commander, during the 445th Aeromedical Evacuation Squadron Change of Command ceremony June 7, 2014.



SPOTLIGHT

Rank/Name

Senior Airman Asia Jones

Unit

445th Operations Support Squadron

Duty Title

Personnel Specialist

Hometown

Dayton, Ohio

Civilian Job

Air Reserve Technician

Education

Associate degree in business, bachelor's degree in finance, Community College of the Air Force degree in human resources, and currently working

on master's degree in health administration

Hobbies

Step class, reading, shopping and outdoor activities

Career Goal

Becoming an officer in the Air Force and one day opening my own day spa

What do you like about working at the 445th?

I love the people. The work environment is always positive and motivating. Leadership is strong and supportive. Everyone treats each other



Senior Airman Devin Long

like family.

Why did you join the Air Force?

I joined the Air Force to make a difference. I wanted to join an organization that dem-

onstrated great leadership. The Air Force has given me the opportunity to be a part of a family of strong individuals. I joined a great organization.

CCAF degrees conferred to 24 Reserve Airmen

The 445th Airlift Wing recognized 24 members of the wing and the 655th Intelligence, Surveillance and Reconnaissance Group during its Community College of the Air Force graduation, June 22, 2014. Twenty-five CCAF associate degrees were presented to Airmen who received degrees from March 2013 to February 2014.

Congratulations to the following reservists:

445th Airlift Wing

Senior Airman Tyler Mohr, Emergency Management

Tech. Sgt. Franklin Williams, Information Systems Technology

Aerospace Medicine Squadron

Staff Sgt. Michelle Helregel, Practical Nursing Technology

Senior Airman Nicolus Hinegardner, Medical Laboratory Technology

Master Sgt. Joseph Kotsko, Allied Health Sciences

Senior Airman Ryan Thomas, Allied Health Sciences

Senior Airman Melinda Burpee, Allied Health Sciences

Civil Engineer Squadron

Master Sgt. Charles Crawford, Mechanical and Electrical Technology

Senior Airman Patricia Crawford, Information Management

Staff Sgt. Joseph Dunn, Mechanical and Electrical Technology

Staff Sgt. Brandon Schwartz, Emergency Management



Force Support Squadron

Staff Sgt. Jennifer Godsey, Fire Science

Logistics Readiness Squadron

Master Sgt. Nicholas Reed, Logistics

Maintenance Squadron

Tech. Sgt. Randall Anderson, Aerospace Ground Equipment Technology

Staff Sgt. Thao Phan, Aviation

Maintenance Technology

Senior Airman Corey Traut, Aerospace Ground Equipment Technology

Operations Support Squadron

Senior Airman Asia Jones, Human Resources Management

Security Forces Squadron

Tech. Sgt. Ryan Lamarr, Criminal Justice

87th Aerial Port Squadron

Senior Airman Eric Marshall, Transportation

655th Intelligence, Surveillance and Reconnaissance Group

Master Sgt. Allen Hall, Intelligence Studies and Technology

64th Intelligence Squadron

2nd Lt. Robert Abrom, Intelligence Studies and Technology

Staff Sgt. Joshua Hauser, Intelligence Studies and Technology & Aviation Maintenance Technology

Tech. Sgt. William O'Donnell, Intelligence Studies and Technology

71st Intelligence Squadron

Tech. Sgt. Caleb Wilson, Education and Training Management



News Briefs

In Memory



**Master Sgt. (retired)
Donald Boudinet**

Mar. 9, 1959 - June 9, 2014

Master Sgt. Don Boudinet was a retired flight engineer from the 89th Airlift Squadron. He served in the Air Force for 33 years and was a vital member of the 445th Airlift Wing's C-17 Flight Simulator team until his passing. Our thoughts and prayers go out to Master Sgt. Boudinet's family and friends.

Awards

Meritorious Service Medal

Lt Col Philip Pierce Jr., 89 AS
Lt Col Susan Stoy, ASTS
Maj Sharon Dondlinger, SFS
Maj Matthew Hudkins, ASTS
Maj George Linder, AES
Maj Janene Luff, ASTS
Capt Michael Shampine, 89 AS
CMSgt William Arehart Jr., SFS
SMSgt Walter Bennett, SFS
SMSgt Richard Crabtree, AMXS
SMSgt Roger Holfinger, AMXS
SMSgt Lowell Pollock, AMXS
MSgt Robert Brown, 89 AS
MSgt Bryan Fitch, 89 AS
MSgt Roberto Garcia Jr., 89 AS

MSgt Joseph Kalmar, 87 APS
MSgt Joseph Kotsko, AES
MSgt Mary Madajczyk, AES
MSgt Evelyn Petrosky, 87 APS
MSgt Teresa Pitstick, 89 AS
MSgt Sean Schluter, 87 APS
MSgt Jeffrey Scott, CES
MSgt Rebecca Spencer, LRS
MSgt Jeffrey Vaughn, 89 AS
TSgt Troy Johe, SFS

Air Force Commendation Medal

SMSgt Craig Barnett, MXS
MSgt Maurice Upshaw, OSS
MSgt Roxanne Viney, 87 APS
TSgt Cassandra Bartlett, MXS
TSgt Shatasha Estes, FSS
TSgt Bryant Fox, 89 AS
TSgt Justin Hunt, 87 APS
TSgt Percy Johnson, ASTS
TSgt Kara Lamm, MXG
TSgt Elizabeth Olmstead, ASTS
TSgt Mark Turnbull, MXS
TSgt Crystal Tyson, LRS
TSgt Joshua Worch, SFS
SSgt Mack Crabtree, SFS
SSgt Kristen Shumate, FSS
SrA Matthew Cook, AW

Air Force Achievement Medal

Capt Bradley Taylor, AES
TSgt Paul Errett, 87 APS
SSgt Joseph Miller, AMXS
SSgt Glenn Olmstead, 87 APS

SrA Christopher Bell, FSS
SrA Rodney Bennett, AMXS
SrA Aaron Fisher, 87 APS
SrA Zachary Loechler, 87 APS
SrA Vincente Uriostegui, 87 APS
SrA Benjamin Weldon, 71 IS

Promotions

Airman

Corbin Boggs, MXS
Anne Brady, AMDS
Sean Mendez, FSS
Christian Terrill, ASTS
Nicholas Wright, MXS

Airman First Class

Sarrah Ashour, AMDS
Brandon Keys, AMDS
Brittany Pauley, SFS
Diedra Simpson, LRS
Jesse Smith, ASTS
Morgan Smith, AMDS
Dustin Swift, MXS
Karim Cardoso Silva Zayago, AMDS

Senior Airman

Sierra Blasé, CES
Aubrey Booher, AMDS
Minuette Brock, LRS
Courtney Kalb, ASTS
Alisha Kiessling, ASTS
Andrae Manuel, ASTS
Alexander Mosholder, CES
Jonathon Rickards, SFS
Paul Rickards, SFS
Whitney Witted, AMDS

Staff Sergeant

Matthew Bavluka, FSS
Tamara Bond, LRS
Jason Cordle, 87 APS
John Kelley, LRS
Cecilia Pecquet, 64 IS

Technical Sergeant

Michael Blake, MXG
Joshua Eldridge, AMDS
Alex Maneiro Marinho, 64 IS

Theresa Maske-Scherquist, AES
Jennifer Moore, CES
Glenn Olmstead, 87 APS
Jonathan Scherquist, FSS
Kristen Shumate, MSG
Jacob Spikes, CES
Timothy Wolfram, MXS

Master Sergeant

Charlotte Branham, FSS
Annette Jones, FSS
Scott Spielman, MXS

Newcomers

Capt Jonathan Askins, 89 AS
Capt Angela McCabe, 655 ISRG
1Lt Diandra Harrison, AES
1Lt Jessica Moeller, AES
TSgt Jonathan Bellerive, OSS
TSgt Joseph Selway, AMXS
TSgt Daniel Wright, 14 IS
SSgt Libya Binford, MXS
SSgt Cameron Lipps, AW
SSgt Cole Moore, AMXS
SSgt Franklin Rector II, SFS
SSgt Ashley Reed, AES
SSgt Tevis Williams, LRS
SrA Zachary Adams, AW
SrA Nicholas Harvey, AMXS
SrA Ian Hoag, 89 AS
SrA Lawrence Pawlik, AMXS
SrA Kelsey Rayburn, AMDS
SrA David Smart, AMXS
A1C Steven McClendon, FSS
A1C Celeste Mullings, FSS
A1C Quashawna Smith, LRS
Amn Christopher Mier, 87 APS
AB Cody Burdette, AMXS
AB Devante Rudisel, 87 APS
AB Jason Ware, CES
AB Nicholas Wright, MXS



445th LRS supports 31st FW LRS during AT



Photos by Tech. Sgt. Anthony Springer

Senior Airman Justin Edmonson (right), 31st Fighter Wing Logistics Readiness Squadron explains proper labeling of stock items to Senior Airmen Zack Simon and Jermaine Clarke, 445th Logistics Readiness Squadron materials management section.

Senior Airmen Darren Trenkamp and Andrew Wade, 445th Logistics Readiness Squadron cryogenics lab, and Senior Airman Lenny Guzman (right), 31st Fighter Wing Logistics Readiness Squadron, review a checklist prior to filling a liquid oxygen cart. Reservists from the 445th LRS left June 13, 2014 to spend two weeks performing their annual tour at Aviano Air Base, Italy. The men and women spent the time working with their counterparts from the 31st FW. They assisted with day-to-day duties and received valuable training.

On the Web



C-17 air
refueling video



Commander
swears in
new recruits
at Dayton
Dragons game



87 APS
Airmen return
home after
closing Transit
Center Manas,
Kyrgyzstan

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