

## Flag raising ceremony, luncheon honor Dayton VA residents



Senior Airman Joel McCullough



Tech. Sgt. Anthony Springer



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**445th Airlift Wing reservists spread holiday cheer to Dayton Veterans Affairs Medical Center Community Living Center residents during their annual visit December 6, 2014.**

*By Lt. Col. Denise Kerr  
445th Airlift Wing Public Affairs*

Dayton Veterans Affairs Medical Center Community Living Center residents were treated to a special flag raising ceremony and a bountiful spread of food to celebrate the holiday season December 6, 2014.

Former Prisoner of War Sgt. 1st Class Harley Coon, a CLC resident, proposed the idea of having a flag for the residents to enjoy.

"This is the first time we had a veteran who said he really wanted a flag for their own unit," said T.L. Drake, chief nurse of the CLC. "They are very patriotic and when they ask for things we try and give them what they want."

Air Force Sergeants Association Kittyhawk Chapter 751 executive council member Chief Master Sgt. (ret.) Chuck Worm led the effort in ensuring SFC Coon and Dayton CLC residents got what they wanted, said AFSA president Senior Master Sgt. David McCoy.

Guests were honored with remarks from Coon who spent 33 months and four days in captivity during the Korean War. "If the North Koreans were winning, we would get more food; if they were losing we would get less," said Coon. His indomitable spirit knew he would eventually be liberated.

Coon brought pictures showing him with General Colin Powell and Norman Schwarzkopf Jr. At age 83, his eyes twinkled when he told a story of meeting President Bush teasing him about being able to hug his wife during a visit. He marveled at the rapt attention the audience paid him during his remarks on friends he lost. "You could hear a pin drop," said Coon.

The CLC was filled with approximately over 250 volunteers, military and family into the 186-bed facility. After the flag raising ceremony, residents and guests enjoyed a luncheon and an appearance from Santa handing out gifts to guests according to his naughty or nice list.

Army Veteran Gosie Reynolds has been living at the CLC for about seven months. "I'm very happy. I always enjoy when people come in because we do not have that much to do, so this is a wonderful thing."

Several 445th Airlift Wing Airmen visited veterans during the luncheon. "It was a very unique experience to converse with veterans of a completely different era," said Senior Airman Joel McCullough, 445th Airlift Wing Public Affairs photojournalist. "As a veteran of the Iraq conflict it was compelling to hear stories of the Korean War. It was fun to exchange stories with fellow veterans."

The event is sponsored every year by the Air Force Sergeants Association and the Air Force Association. The camaraderie between the Beaver Creek Veterans of Foreign Wars chapter 8312, Air Force Association, volunteers, Airmen and ROTC cadets was palpable.

"I think this event puts a lot of people altogether. It tells the veterans that they are cared about," said Drake. "Getting them altogether so they can see that these veterans served their country, they served it honorably and now as they are needing more and more help that not only is the VA here to help them but other organizations."

# Shaping your future...it's like riding a bike

By Chaplain (Lt. Col.) David Leist  
445th Airlift Wing Chaplain Corps

No matter how things look for your future be it good or bad always remember these words, "this too shall pass."

Events in our life come and go and life does not stand still. There will always be challenges and blessings, successes and failures, strides forward and steps backward. Use them as opportunities to grow. Once you have grown in the areas needing additional maturity, the season you are in will pass. Nothing lasts forever.

Although it may be hard to believe at the time, especially if you are going through a challenging life event, but the passing of time will bring about change.



Change can be a good thing. Think back to your life, somewhere in the first year you learned to crawl, then you learned to walk, then you learned to ride a bike and drive a car. Some of you may have even learned to pilot an airplane. The world and the sky was the limit. Your world began to grow as you experienced more and more of life. I vaguely remember my first airplane ride from California to Hawaii as my father, and our family had a permanent change of station move to Hawaii. I was four years old. I had not experienced a great deal of life at that time and had only progressed from crawling to walking for three years. Time progressed and just a few years later I recall learning to ride a bicycle. I was now at the age of six or seven. I was learning to ride a big boy bike without training wheels. We moved to Eglin AFB in Florida and our driveway was sloped at the end. I would coast down the driveway and go across the street and hit the curb on the other side, fall off and stop. I had not learned to turn on my own. As I progressed my dad would run beside me so I would not fall off and would support my shaky and sometimes unsuccessful attempts of mastering the art of riding. When I learned to ride and turn my bicycle, my world grew. From that time on I rode my bicycle everywhere.

You may have heard it said progressing from past to present is like riding a bike, the things that you once became so familiar will quickly come back to you as you encounter them again.

Hard and challenging circumstances don't make you they reveal you. The events of our lives shape us for the future. The encounters we experience are clear markers for our future. Our sometimes unsuccessful attempts lead to achievement, leadership and success given additional opportunities and follow through. They can prepare us for even greater responsibility.

You may have been on a flight and experienced a wind shear with the plane dropping straight down. On one occasions John Maxwell shares an account in Leadership Gold an encounter coming in for a landing following a lengthy trip of twenty cities in seven days. As the small jet approached the runway it was hit by a wind shear and dropped straight down, the wheels hitting off balance. The pilot without hesitation pushed the throttle up and launched the plane back in to the air. Maxwell writes, "We realized this could have been it for us! We sat quietly on the plane circled the airfield and a few minutes later landed safely." Later John asked the pilot when he had made the decision to put the plane back in the air. The pilot replied, "fifteen years ago." He went on to explain that as a young pilot in training he practiced and decided in advance what to do or what decision to make in every possible situation. His emergent decision was made long before the crisis.

Have a game plan in place before the crisis hits. Let the Chaplain Corps team come along side you to help you formulate one and help steady your attempts at success.

## Buckeye Flyer

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## 445th Airmen earn CCAF degrees

The 445th Airlift Wing recognized its October 2014 Community College of the Air Force graduates at a ceremony held Dec. 7, 2014.

Congratulations to the following 445 AW reservists:

### **445 AW**

MSgt Bryan Bohn, Information Systems Technology  
MSgt Shatasha Estes, Information Management

TSgt Eugenie Hinson, Aerospace Historian

TSgt Franklin Williams, Information Systems Technology

SrA Tyler Mohr, Emergency Management

### **Aeromedical Staging Squadron**

MSgt Chirron Hayslett, Health Care Management

TSgt Percy Johnson, Health Care Management

SrA Michael Brown, Allied Health Science

### **Aerospace Medicine Squadron**

TSgt Henry Lewis, Ophthalmic Technician

SrA Nicolus Hinegardner, Medical Laboratory Technology

SrA Andrew Jester, Logistics  
SrA Matthew Sanders, Medical Laboratory Technology

### **87th Aerial Port Squadron**

SSgt Matthew Hurt, Transportation

SSgt Michael Young, Transportation

### **Security Forces Squadron**

TSgt Michael O'Callaghan, Criminal Justice

TSgt Bjorn Solheim, Criminal Justice

### **Civil Engineer Squadron**

CMSgt Ronald Rearick, Maintenance Production Management

TSgt Brandi Smith, Construction Technology

SSgt Zachary Magers, Emergency Management

SSgt Brandon Schwartz, Emergency Management

### **Force Support Squadron**

MSgt Roger Lambalot, Information Systems Technology and Human Resource Management

TSgt Brittany Applegate, Human Resource Management

SSgt Jennifer Godsey, Hospitality and Fitness

### **Logistics Readiness Squadron**

MSgt Nicholas Reed, Logistics

TSgt Adrienne Hood, Logistics

TSgt Melissa Lucio, Human Resource Management

SrA Justin Marlin, Logistics

### **Maintenance Squadron**

SSgt Lonnie Sawyer, Munitions Systems Technology

### **Aircraft Maintenance Squadron**

SMSgt Jason Besser, Aviation Maintenance Technology

MSgt Scott Bunch, Aviation Maintenance Technology

SSgt John Devore, Avionic Systems Technology

SSgt Joel Russo, Aviation Maintenance Technology

SrA Nicholas Harvey, Criminal Justice

### **Aeromedical Evacuation Squadron**

TSgt Justin Sanderson, Practical Nursing Technology

### **89th Airlift Squadron**

MSgt Glenda Marck, Human Resource Management

### **Operations Support Squadron**

SrA Cecelia Photinos, Aircrew Safety Systems Technology



Tech. Sgt. Patrick O'Reilly

## ASTS welcomes new commander

Col. Jeffrey S. Beery accepts the 445th Aeromedical Staging Squadron guidon from Col. Michael Major, 445th Airlift Wing commander, during the Dec. 6, 2014 assumption of command ceremony. Beery was previously assigned as the 445th Aerospace Medicine Squadron, chief of aerospace medicine.



# SPOTLIGHT



Maj. Demetrius Smith

Senior Airman Alexandra Klus poses with a vintage artillery gun.

**Rank/Name**

Senior Airman Alexandra Klus

**Unit**

445th Security Forces Squadron

**Duty Title**

Security Forces journeyman

**Hometown**

Cincinnati, Ohio

**Civilian Job**

Graduate student

**Hobbies**

Traveling, sports, fitness, mountain biking, road trips

**Career Goal**

Honestly, I do not have a specific career goal in mind. The goal right now is to better myself each day whether it is through work or school

which is why I am working on getting my master's degree now. I guess the goal is to love doing whatever I am doing at any given time.

**What do you like about working at the 445th?**

The best thing about working with the 445th is and always has been the people I have met and get to work with.

**Why did you join the Air Force?**

I joined the Air Force to travel, to meet new people and to experience new things. Plus to take advantage of all opportunities and excel in every way I know how.

## Achieving financial success in the new year

By Capt. Elizabeth Caraway  
445th Airlift Wing Public Affairs

At the start of the new year – and the end of another holiday season – some Airmen may find that their finances need a checkup. Overspending is common during the holidays and many people spend more than the recommended 1.5 percent of gross family income on presents. If they used credit cards to make purchases and haven't paid them off, the interest can really start to add up.

With the following financial tips from Master Sgt. Lessa Givens, NCO-in-charge of the 445th Airmen and Family Readiness Center, Airmen can overcome debt, increase savings, and plan for the future.

**Make a Budget**

"The most important step to take toward financial stability is to make a budget," said Givens. "And once you make a budget, you have to stick to it." A spending plan is your way to take control of your finances.

**Get out of debt**

Givens recommends avoiding additional interest charges by paying off credit cards, especially those with double-digit interest rates, as quickly as possible. "When you delay, you pay," she says. "At least pay off the minimum each month." To pay down debt faster, she recommends finding ways to cut spending.

**Reduce spending through simple changes**

There are many simple changes Airmen can make that will add up to serious savings over time. "Pack

your lunch," says Givens. "If you are eating out every day, the cost really adds up. Also, unplug home appliances when they're not in use. Turn out lights. Adjust your thermostat by a couple degrees. Find low-cost ways to celebrate birthdays and holidays rather than buying expensive gifts." Calling phone and cable providers to discuss lower rates or plans can also be fruitful. A quick internet search will yield hundreds of other tips and tricks to reduce your daily spending—everything from carpooling to using online coupon sites.

**Plan now for future gift giving**

"Shop the post-holiday sales for gifts for next year. Stock up on 'neutral' gifts that could work for different recipients," suggests Givens.

**Don't bank on your income tax return**

"Don't count on using all of your income tax check to bail you out; instead, use it as a nest egg," recommended Givens, citing the 30-40-30 plan. "Use 30 percent of your refund to pay off debt and outstanding bills. Set aside 40 percent for current use, and save the final 30 percent in your emergency fund or in long-term savings."

"Let this be the year that you put an end to bringing in the new year with financial guilt and stress," Givens urged.

For more information on creating savings goals, planning for the future, and financial tools and resources, check out the Military Saves website at <http://www.militarysaves.org/>.



# News Briefs

## Awards

### Meritorious Service Medal

SMSgt Kevin Williamson, 87 APS  
MSgt Paul Denton, 655 ISRG

### Air Force

#### Commendation Medal

Capt John Durkee, 655 ISRG  
Capt Jennifer Galvanin, 655 ISRG  
MSgt Donald Floyd, 87 APS  
TSgt Laren Ogle, 655 ISRG

### Air Force Achievement Medal

TSgt Theresa Maske-Scherquist, AES  
SrA Anthony Busellato, 87 APS  
SrA Jeremy Hendricks, 87 APS

## Promotions

### Airman

Kianna Johnson, CES  
Samantha Johnson, MXG  
Michael Tucci, 89 AS

### Airman First Class

Shawn Crenshaw, CES  
Caleb Fuchs, FSS  
Brandt Huston, 87 APS

### Senior Airman

Steven Brown, CES  
Zachary Deatley, CES  
Jonathan Duffield, CES  
Jonathon Ernst, CES  
Cory Houck, CES  
Jeneca Kennedy, AMDS  
Greg Osborn, CES  
Ashley Senter, 89 AS  
Carly Schultz, FSS

### Staff Sergeant

Andrew Brooks, SFS  
Patricia Crawford, OG  
Terra Graham, CES

Harold Hughes, AMDS  
Ashlee Janson, MXG  
David Show, AMDS  
Sydney Winnenberg, AMDS

### Technical Sergeant

Rachel Ellis, AES  
Christopher Gernert, CES  
Phillip LeMaster, 89 AS  
Lisa Purk, ASTS

### Master Sergeant

Scott Bunch, AMXS  
Ashley Byers, 14 IS  
Timothy McKinney, AMXS  
Crystal Tyson, ASTS

## Newcomers

Maj Ramon Perez, 71 IS  
Maj Reese Swanson, 89 AS  
Capt Matthew Gwin, 14 IS  
Capt William Menza, AW

SMSgt Dennis McJunkin, CES  
SSgt Nathanael Downer, CES  
SSgt Phillip Padgett, AW  
SSgt Kevin Stafford, AES  
SSgt Andrea Todd, 14 IS  
SrA Cory Baade, AMDS  
SrA Edward Jackson, AW  
SrA Keil Miller, 71 IS  
SrA Sebastian Paz, AES  
SrA Matthew Steele, AMXS  
SrA Brian Wood, CES  
A1C David Colling, AMDS  
A1C Allana Schuttloffel, ASTS  
Amn Roselys Castro, FSS  
AB Richard Bach, OSS  
AB Brianna Jones, AMDS  
AB Michael Smith, AMDS



## Annual awards banquet

Mark your calendars for the 445th Airlift Wing annual awards banquet to be held May 2 at the National Museum of the United States Air Force. The reception is slated to begin at 6 p.m. and the program at 7 p.m.

The awards banquet will recognize those selected for Airman, NCO, senior NCO, company grade officer, first sergeant, field grade officer, honor guard member, civilian, spouse, youth and squadron of the year. The winner of each category will be announced during the banquet.

The costs of the event are \$30 for E-7 and above; \$25 for E-6 and below; \$13 for children 6-12; and children 5 and under are free.

All reservations must be received by April 12.

The dress for the evening is semi-formal or mess dress for enlisted Airmen, and mess dress for officers. Civilians may wear formal evening attire.

Any Airmen (E-1 through O-6) or civilian can nominate their spouse, youth or fellow Airmen, or those of a co-worker for field grade officer, civilian, honor guard member, squadron, spouse, youth and community partner of the year. Nominations should be submitted on an Air Force Form 1206 to Chief Master Sgt. James Felton at 445aw.ccc.res@us.af.mil no later than close of business Feb. 22.

For more information, contact the public affairs office at 257-5784.







4th Air Force Visit

Capt. Elizabeth Caraway



Welcome Home

Tech. Sgt. Frank Oliver

## 445th Airlift Wing reminisces about successful 2014

The 445th Airlift Wing began **January** 2014 preparing for its first Unit Effectiveness Inspection.

In **February**, the 89th Airlift Squadron provided support for Patriot Sands, a contingency exercise consisting of the Federal Bureau of Investigation, Federal Emergency Management Agency and Florida Advanced Surgical Transport Team.

After UEI the wing hosted a visit by Chief Master Sgt. of the Air Force James A. Cody in **March**. Chief Cody toured the Fab Flight and presented coins to 445th Airmen.

Spring began with the wing recognizing more than 50 Airmen, family members and the local community at its annual awards banquet in **April**.

**May** brought about various activities to include the 89th Airlift Squadron's participation in Patriot Warrior, a joint deployment exercise; and Scouts Day in which Boy Scouts from around the state toured the C-17 and participated in demonstrations by the aeromedical evaluation squadron, security forces and firefighters.

Two German officers spent two weeks in **June** becoming familiar with the unit and how the 445th supports the Department of Defense during their visit as a part of the Reserve Foreign Officers Exchange program. Airmen also had the opportunity to visit with vets at the Dayton Veterans Affairs Medical Center picnic that was held in June.

Several wing units conducted annual tours in **July** to hone skills and improve readiness. In July, the maintenance group achieved its highest mission capable rate — 95.2 percent since gaining C-17s in 2011.

Reservists from the 445th participated in the Active-duty versus Reserve softball game during the

**August** unit training assembly.

More than 400 medical and support personnel honed their readiness skills **September** 13 – 14 during a wing-wide training exercise at Calamityville, National Center for Medical Readiness in Fairborn, Ohio.

In **October**, the wing joined the worldwide effort to provide support for the Ebola crisis that ravaged countries of West Africa. An aircrew transported a 60-ton four-wheeled crane to Monrovia, Liberia. In addition, Airmen distributed clothing and household items to homeless vets during the Dayton VA Homeless Stand Down.

The **November** UTA was bustling with activity as the wing hosted a visit from Brig. Gen. John Flournoy, 4th Air Force commander and Chief Master Sgt. Brian Wong, 4th Air Force command chief. In addition to the 4th Air Force visit, the wing sponsored an Employer Appreciation Day for more than 40 employers and their reservists.

As the year drew to a close, Airmen spread holiday cheer and goodwill throughout **December** by participating in the Dayton VA Medical Center holiday party, Marine Corps sponsored Toys for Tots Campaign and Dayton Children's Medical Center hospital visit.

Throughout the year, the wing welcomed Airmen home from deployments to areas including Afghanistan, Iraq, Africa, Qatar and Germany. Approximately 99 Airmen deployed to locations around the globe in 2014.

The 445th Airlift Wing closed out another successful year by flying 143 missions to five continents. The missions consisted of 1,120 sorties with a combined total of more than 4,421 flying hours. The unit moved 22,115 tons of cargo and 6,468 passengers.







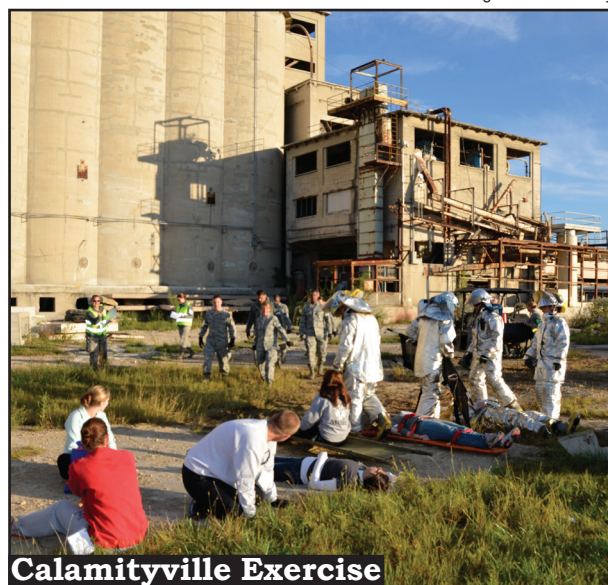
Tech. Sgt. Frank Oliver



Tech. Sgt. Patrick O'Reilly



Lt. Col. Denise Kerr



Lt. Col. Denise Kerr



Tech. Sgt. Frank Oliver



Tech. Sgt. Frank Oliver



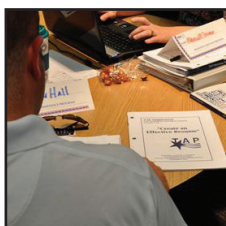




Tech. Sgt. Patrick O'Reilly

Senior Airman Trenton Shaffer, 445th Aircraft Maintenance Squadron, distributes toys to recipients of the Toys for Tots Campaign at Westwood Elementary School, Dayton, Ohio, Dec. 6, 2014. Approximately 30 members of the 445th Airlift Wing and Marine Reserve members of Charlie Company, Wright-Patterson Air Force Base participated in the event. More than 900 toys were given to 471 children.

## On the Web



Program helps Reservists transition to civilian jobs



Wing supports Toys for Tots program



87 APS visits children's hospital

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