

AES conducts combat, water survival training

445th Airlift Wing Public Affairs

Members of the 445th Aeromedical Evacuation Squadron refined their combat and water survival skills during training Oct. 2, 2016.

The training included combat and water survival tactics, techniques, and procedures, as well as, evasion and conduct after capture.

AES aircrew members are required to complete the training every 36 months.

The purpose of the training is to ensure all members of the aircrew are capable of handling themselves during overwater emergencies, water and land survival situations, evasion, and rescue operations in all types of contingency operations, said Master Sgt. Sean Smith, 445th AES NCO in charge of aircrew training.

The water survival training took place in the Wright-Patterson Air Force Base outdoor pool. Flight

nurses and medical technicians went through various scenarios to include donning their suits and floatation devices as well as trying the packaged water and rations that would be available to them during a downed aircraft.

From there, they headed to the warfighter training center for the combat survival portion of the training.

Staff Sgt. Jacob Nespor a survival, evasion, resistance and escape (SERE) instructor from the 445th Operations Support Squadron conducted the training which entailed familiarization with weapon system (C-17 Globemaster III) specific life support equipment, survival equipment, land navigation aids, and mock evasion and land navigation training.

"This training is vital in ensur-

ing our crews are capable of caring for themselves and their patients during all types of dangerous and emergent environments, in order to successfully maintain life and bring our folks home with dignity and honor, added Sergeant Smith.

Sergeant Nespor did a fantastic job accommodating our folks, on short notice, over the October unit training assembly. Everyone was able to apply their training and prepare themselves for the types of dangerous situations that we hope to never one day find ourselves, concluded Smith.

Aeromedical evacuation Airmen provide time sensitive, mission critical en route care to patients to and between medical treatment facilities. Care is provided by Air Force medics specially trained to operate within the global AE system.



Photos by Staff Sgt. Joel McCullough

(left) Members of the 445th Aeromedical Evacuation Squadron help each other enter a raft during water survival training Oct. 2, 2016, at Wright-Patterson Air Force Base, Ohio. (right) An Airman from the 445th AES practices compass techniques as Staff Sgt. Jacob Nespor, 445th Operations Support Squadron, survival, evasion, resistance and escape (SERE) specialist, instructs the class during combat survival training Oct. 2, 2016, at the warfighter training center.

Rank has its responsibilities

By Lt. Col. Albert Olagbemi
445th Logistics Readiness Squadron Commander

Time and time again, it's been said, that the greatest complement a service member could receive from a peer, subordinate or superior is "I will go to war with you anytime." That being said, in a dire situation, who do you want in the foxhole next to you? A competent Airman or an Airman incapable of living up to the expectation of the rank he/she holds.



There is a common saying that "rank has its privileges" (RHIP). While this is part true, it is also part false because each advancement in one's career is coupled with added responsibilities. Toward this effect, a more befitting corollary should be "rank has its responsibilities" (RHIR).

Responsibilities are what devolve upon a person, and privileges are what the individual ought not to have but occasionally takes to free up him/her for bigger tasks. It is important to make a distinction between "privilege" and the "customs and courtesies"

that are native to our profession. While they are somewhat interwoven, the context from which privilege is being addressed in this commentary is from the perspective on the willingness and ability of a service member to take on the added responsibilities that come with a promotion or assignment to a higher level position.

Are you taking on all the responsibilities associated with your current rank? Are you prepared for the responsibilities associated with the next rank? If yes, that's great! If your answer is no, the possible consequence of looking at promotion opportunities through the narrow lens of the perceived accorded privileges could be shamefully epitomized in the situation whereby one becomes the highest ranking member by default in a com-

bat situation and has no clue on what to do. Think it hasn't happened? Then think again! It will be hard to imagine a more dismal ending for a career, than that of the individual who aspires to rank without having any concept of its proportionate responsibilities when the lives and careers of others are at stake.

However, all hope is not lost! There is an avenue to make mid-course correction. While it is by no means a silver bullet, it all starts with the completion of professional military education in a timely manner.

It's no secret, that the Air Reserve Components have some of the most technically skilled professionals in the Air Force today. However while technical proficiency is critical, PME is also critically important because we are practitioners of the profession of arms, and thus must be appropriately schooled in its tenets.

Completion of PME should not be viewed as a checkbox or milestone to get one promoted to the next rank, but should rather as a tool to make one successful at one's current rank from a professional and leadership point of view. By delaying completion of PME to the tail end of your time in grade at a particular rank, you would be losing out on valuable knowledge that could have helped you much earlier on. The resulting unintended consequences, is that not only could you be potentially diminishing your full potential, but you could potentially impact your subordinates' potential due to your knowledge gap.

Our commitment to the American public is to Fly, Fight and Win in Air, Space and Cyberspace, and we have a responsibility to be Airmen first and foremost regardless of our technical prowess.

This starts by knowing and understanding our doctrine, knowing and understanding the leadership attributes and responsibilities associated with each grade and or position. You are highly encouraged to do your PME in a timely manner, seek the appropriate mentors and most importantly embrace the responsibilities that come with your rank.



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Buckeye Flyer

445th Airlift Wing Editorial Staff

Col. Adam Willis
Commander

Lt. Col. Cynthia Harris
Chief, Public Affairs
Stacy Vaughn
Public Affairs Specialist

Shamae Jones
Public Affairs Assistant

5439 McCormick Ave.
WPAFB, OH 45433-5132
Building 4014, Room 113
937-257-5784
445AW.PA2@us.af.mil

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Wing announces 3rd quarter CY16 award winners

Airman



Senior Airman Joshua Collins, 445th Aircraft Maintenance Squadron aircraft guidance and control systems journeyman, is the 445th Airlift Wing Airman of the Quarter, third quarter. Collins completed six computer integrated processor/visual integrated processor next generation software time compliance technical order upgrades, improving the C-17 Globemaster III fleet computing performance by 67 percent. He passed two on the spot quality assurance assessments that were performed with zero discrepancies. He identified a misaligned inertial reference unit tray prior to the aircraft going into depot, saving 72 hours in downtime and a costly depot maintenance request. During his off-duty time, Collins volunteered more than 60 hours for Vest Ohio K-9s, resulting in funding to purchase 57 vests for Ohio and national police dogs. He volunteered with the Airmen Against Drunk Driving program. Collins is pursuing his Community College of the Air Force degree in avionics systems technology.

NCO



Tech. Sgt. Christopher Van Iderstine, 445th Maintenance Squadron crew chief, home station check section, is the 445th Airlift Wing NCO of the Quarter, third quarter. Van Iderstine trained his entire section on the operation of new wheel and tire equipment, reducing restoration time by 45 percent. He exposed a faulty primary flight control during the inspection phase. The sergeant was able to pin point a corrosion nose landing gear upper drag link assy, saving a component worth more than \$6,800. Van Iderstine engaged the efforts of six specialties during manning limiting factors. During his off-duty time, Van Iderstine donated 150 hours to a local organization promoting weapons safety to 130 children. He led a group of 10 people helping to renovate a shelter house at Lake Loramie State Park. The sergeant has participated in the Air Force Marathon three times in a row.

SNCO



Senior Master Sgt. Ryan Pratt, 445th Logistics Readiness Squadron, distribution flight chief, is the 445th Airlift Wing Senior NCO of the Quarter, third quarter. Pratt directed the commander's inspection program for 107 Airmen, led six quality assurance evaluators and conducted 45 checklists with 1,725 items. He oversaw the assessment of 330 Airmen with 71 tasks, ensuring technical skills and fixing 56 findings. Pratt was the subject matter expert for the U.S. Air Forces in Europe (USAFE) inspector general team, auditing 86 vehicle readiness squadron equipment programs worth \$281,000 that aided 102 Airmen deployed in support of Operation Inherent Resolve. During his off-duty time, Pratt volunteered more than 160 hours with the Dayton Performing Arts. He helped raise more than \$700 and enhanced camaraderie as part of the Top 4 group. He earned his Department of Defense financial management certificate and certified/enhanced defense financial management in acquisition.

CGO



Capt. Keisha Dobney-Boykin, 445th Force Support Squadron Communications Element, officer-in-charge, is the 445th Airlift Wing Company Grade Officer of the Quarter, third quarter. Dobney-Boykin's client support technician team closed 1,500 trouble tickets, ensuring a seamless 32-64 bit migration, resulting in the wing being the only one to beat Air Force Materiel Command's migration timeline. Dobney-Boykin serves as the wing's Green Dot program coordinator. She developed the training plan and trained more than 50 percent of the wing in less than three months. During her off-duty time, Dobney-Boykin volunteered 350 hours counseling homeless and low income individuals. She served 900 meals per month at a local shelter, providing nourishment to women and children in need. Dobney-Boykin was selected as a Dayton Mediation Center mediator, completing 40 hours of training as a conflict resolution expert. She received her master's degree in social work in August 2016.





Photos by Staff Sgt. Rachel Ingram

(top left) Tech. Sgt. Dawn Gettys receives instructions on proper punching bag techniques from Tech. Sgt. Christopher Booth during a training event Sept. 11, 2016. (bottom left) Staff Sgt. Jake McCorkle perfects his punching technique with Tech. Sgt. Christopher Booth as his guide during a combative skills exercise. (above) Airmen from the 445th Security Forces Squadron workout using duty equipment to perform functional movements, including a shoulder press with a medical litter, sledgehammer strikes and a tire flip.

SFS tackles physical fitness

By Staff Sgt. Rachel Ingram
445th Airlift Wing Public Affairs

The digital time clock on the wall chirps out, signaling the end of the round. Citizen Airmen of the 445th Security Forces Squadron exchange high-fives and accomplished grins, sweat dripping from their temples, as they rotate to the next station.

Senior Airman Andrew Brooks walks to a large, un-serviceable tire near the bay's open garage door. He raises a sledgehammer behind his head and swiftly swings it over his body until the metal head of the hammer forcefully collides against the rubber tire with a loud thud. Brooks and two other security forces Airmen repeat this motion, alternating arms, for a full 60 seconds before the clock chirps again, ushering them to the shoulder press station.

Brooks, who spent four years as a physical training leader in the active-duty Air Force before joining the 445th two years ago, helped develop this improved remedial PT program with Staff Sgt. Shayne Denihan, a certified personal trainer.

"So far, everyone has embraced it in a really positive way," Brooks says, noting that the program promotes teamwork and builds morale.

They, along with other Airmen in the squadron, worked this summer to clean and reorganize the bay area next to their office, which was used primarily for storage.

"We cleared out 24 truckloads of scrap metal, trash, and other equipment that didn't need to be stored in here," he says.

Open to anyone, the Sunday morning workouts began during the August unit training assembly and are mandatory for members who score lower than 80 percent on their fitness test. Each UTA, Denihan designs a tailored workout intended to help fellow Airmen with not only their test scores, but job performance, too.

"The workouts consist of functional fitness movements, meant to help us out in combat situations," says Denihan, a graduate student in Ohio State University's sport management department. "It gives people who don't know how to workout meaningful fitness movements they can reflect on and use throughout the month in their own fitness journey."

For Maj. Charles Trovarello, 445th Security Forces Squadron commander, physical fitness is a critical aspect of the career.

"I need to know that they are going to be able to physically withstand the realities of our career field," Trovarello says. "One minute they could be walking around in 45 pounds of gear downrange, and the next, running to pull their buddy out of a vehicle. The last

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445 AW participates in W.O.W. conference



Staff Sgt. Rachel Ingram



Lt. Col. Cynthia Harris



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More than 90 students from six local high schools: Thurgood Marshall, Wayne, Springboro, Lebanon, Dayton Early College Academy, and the Dayton Regional STEM School joined members of the 445th Airlift Wing as part of the 2016 Wings of Women Conference Sept. 30, 2016. The youth participated in a mentor lunch, C-17 and aeromedical evacuation tours, and hands on demonstrations by the security forces, aerospace medicine and civil engineer squadrons. The wing hosted the group as part of a diversity initiative.



SPOTLIGHT

Rank/Name
Senior Airman A'Keeta
Dalmida

Unit
445th Maintenance
Squadron

Duty Title
Administration Ap-
prentice

Hometown
Cincinnati, Ohio

Civilian Job
Wright-Patt Credit
Union

Education
Currently working on
completing my Com-
munity College of the

Air Force degree

Hobbies
Traveling abroad,
spending time with
friends and family
and enjoying life.

Career Goal
Become a commis-
sioned officer in the
Air Force.

**What do you like
about working at the
445th?**
I like the opportuni-
ties that working at
the 445th has afford-
ed me. There are so
many ways to contrib-



Lt. Col. Cynthia Harris

ute and make a difference.

Why did you join the Air Force?
At the time, it was a spirit led decision for me. I wasn't sure where the Air Force would take me but

there hasn't been a day I questioned why I joined. I am proud to serve, and I take pride in wearing the uniform and being a representative of the United States Air Force.

FITNESS, from page 4

thing I want is for them to collapse because they weren't physically and mentally ready for the stress."

The space, which squadron members are also encouraged to use for their own individual workouts, includes both freestanding and suspended punching bags, old tires from the 88th Logistics Readiness Squadron, padded mats, and combative gear, much of which was newly replaced.

"The equipment was purchased utilizing funds obligated for our Raven program and use of force/combatives training," Trovarello explains.

Although security forces personnel are required to complete standard annual tour training, Trovarello says he believes it is important to incorporate combative scenarios and conditioning into their regular training schedule throughout the year, so updated sparring equipment is a necessity.

"We've seen enhanced overall unit productivity in combatives," says Staff Sgt. Jake McCorkle, one of only six Ravens in the 445th Security Forces Squadron.

The Phoenix Raven Qualification Course is an Air Force program for elite security forces personnel, along with Army, Navy, Coast Guard and Federal Air Marshal Service members, according to the program website. The students receive hands-on training in areas such as embassy operations, aircraft searches, unarmed self-defense, and advanced firearms proficiency. Upon graduation, Ravens accompany aircrews to locations identified as having insufficient security. Ravens' duties are to protect aircraft, crews and cargo from terrorist threats.

"These guys go out and provide security for bases

and airfields that don't have that," says Chief Master Sgt. Bryan Cepluch, 445th security forces manager. "They are responsible for the plane in those situations."

Ravens from this squadron have participated in missions across the globe, including Africa, Europe, the Middle East, and South and Central America, according to Senior Master Sgt. Frankie Lowder, who became a Raven in 2000.

"We've flown missions into Iraq in support of any and all missions over there," adds Master Sgt. James Kirklin, a 2002 graduate of the Phoenix-Raven course. "Part of being a Raven is fulfilling, ongoing monthly training requirements."

In the 445th, all security forces personnel have the chance to learn and refine these skills using specialized equipment in the bay area. McCorkle and Tech. Sgt. Chris Booth create law enforcement training scenarios and host martial arts workouts in the squadron on Friday evenings before the UTA.

"Now more Airmen have the opportunity to take advantage of the equipment and diversify their fitness routines," McCorkle says.

Through the multiple workout opportunities offered throughout the week, Trovarello says he hopes to continue seeing positive responses and results in the physical fitness arena.

"Our PT program aims to assess our people, build camaraderie, and hopefully impart knowledge on them that will help them tailor their monthly workouts," Trovarello says. "Our goal is to produce combat-ready Airmen, and physical fitness is directly related to that."



News Briefs

Newcomers

Maj Alexander Bingcang, ASTS
 Capt Sabrina DeAngelo, ASTS
 Capt Ryan Scoggin, 89 AS
 2Lt Maria Duffy, 89 AS
 TSgt Tory Ross, AMDS
 SSgt Patrick Carpenter, AW
 SSgt Caleb Durham, CES
 SSgt John Ireland, ASTS
 SrA Matthew Archer, CES
 SrA Joshua Bowshier, ASTS
 SrA Shantwanique Harris, LRS
 SrA Kevin Jones, CES
 SrA Shelby Motschman, AMDS
 SrA Alex Swartz, SFS

SrA Tyler Turner, CES
 A1C Brandan Adams, AES
 A1C Paula Dennis, SFS
 A1C Thomas Drouillard, CES
 A1C Blake Reynolds, AMXS
 A1C Corey Scott, 87 APS
 A1C Melinda Stewart, ASTS
 AB Matthew Heil, AMXS
 AB Orode Jones, 87 APS
 AB Peter Moyer, LRS
 AB Aaron Thompson, AES

Promotions

Airman

Morgan Bogan, AES

Senior Airman

Joshua Choroba, ASTS

Dumitru Shearer, CES

Staff Sergeant

Zachary Banks, 87 APS
 Shelton Beasley III, ASTS
 Sarah Cauley, AES
 Matthew Engel, ASTS
 Tiffany Gifford, LRS
 Lloyd Jackson, 87 APS
 Clifford Morgan, CES
 Brittany Walton, ASTS
 Robert Wince, AMXS
 Umar Yasin, FSS
 Abigail Yutzy, AES

Technical Sergeant

Toron Franklin, MXS
 Jessika Meyer, AMDS
 Joshua Slusser, MXS
 Gregory Sparks, AMXS
 Christopher Van Iderstine, MXS

Master Sergeant

Paul Errett, 87 APS
 Nicholas Garman, 87 APS
 Vincent Gibson, OSS
 Carl Hayden, AW
 Samuel Hogue, SFS
 Percy Johnson, ASTS
 Chad Kopf, AMXS
 Thomas Masters, 87 APS
 Sean McCaslin, SFS
 Glenn Olmstead, 87 APS

Senior Master Sergeant

Allen Hall, OSS
 Glenda Marck, 89 AS
 Lamon Pace, LRS
 Stanley Parks III, LRS

Chief Master Sergeant

Brian Algeo, SFS

Reservists support homeless vets stand-down



Staff Sgt. Joel McCullough



Tech. Sgt. Anthony Springer

(top left) Maj. Melissa Ova, 445th Mission Support Group executive officer helps a veteran fill his bag with treats at the Dayton Veterans Affairs Medical Center Homeless Vets Stand Down event in Dayton, Ohio, Sept. 30, 2016. Sixteen volunteers from the 445th Airlift Wing supported the event.

(top right) Master Sgt. Anthony Phillips, 445th Civil Engineer Squadron operations management apprentice, distributes clothing items to a local vet during the Dayton VA Medical Center Homeless Vets Stand Down Sept. 30, 2016.

(right) Senior Airman Corey Mowen, 445th Airlift Wing chaplain's assistant, retrieves sleeping bags from a bin for vets during the Dayton VA Medical Center Homeless Vets Stand Down Sept. 30, 2016.



Staff Sgt. Joel McCullough





Courtesy photos

1) Senior Airman Alexandrina Lopez, 445th Civil Engineer Squadron firefighter, uses hydraulic spreaders (also known as the Jaws of Life) to open and remove doors from a simulated vehicle accident to gain access to patients during a vehicle extrication training exercise Oct. 8, 2016. Powered by hydraulic pumps, the tool can widen and cut through steel, allowing firefighters to pull people from wrecked vehicles. 2) Tech. Sgt. Zachariah Hastings demonstrates how to use hydraulic cutters to cut the post on a vehicle. 3) CES firefighters use a power saw to practice cutting holes in vehicle sheet metal. 4) Airman 1st Class Matthew Jones (left) and Staff Sgt. Christopher Decker use firefighting axes to pry apart and remove the windshield of a wrecked car.

On the Web



SFS conducts land navigation training



OSS Airman returns from deployment



CES conducts confined space training

445TH AIRLIFT WING/PA
 BUILDING 4014, ROOM 113
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