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Wing announces 2017 annual award winners

445th Airlift Wing Public Affairs

Hundreds of 445th Airlift Wing Airmen family members and community leaders honored the wing's 2017 annual award winners at the National Museum of the United States Air Force April 7, 2018.

The annual awards banquet recognized Airmen, family members and community members.

The 445th Airlift Wing 2017 annual award winners are: Airman - Senior Airman Michael Logan, 445th Aircraft Maintenance Squadron; NCO - Tech. Sgt. Nicole Sturm, 445th Aircraft Maintenance Squadron; Senior NCO - Senior Master Sgt.



Members of the 89th Airlift Squadron accept the 445th Airlift Wing 2017 Squadron of the Year Award from Col. Adam Willis, 445 AW commander and Chief Master Sgt. Paul Stewart, 445 AW command chief, during the wing's annual awards banquet, April 7, 2018.

> Jennifer Gerritsen, 445th Aero-Evacuation Squadron; medical First Sergeant - Master Sgt. Lauren Harston, 445th Logistics Readiness Squadron; Company Grade Officer - Capt. Ryan Armstrong, 89th Airlift Squadron; Field Grade Offi-

cer - Maj. Michael Snead, 87th Aerial Port Squadron; Civilian - Mr. Randy Marguart, 445th Mainte-Group: nance Honor Guard Member - Tech. Sgt. Christopher Rapp, 445th Force Support Squadron; Re-Tech. cruiter -Darwinn Sgt. Ferrer-Aponte, 445th Recruiting Squadron; Squadron - 89th Airlift Squadron; Youth

- Miss Jesse Olmstead, daughter of Master Sgts. Glenn Olmstead, 87th Aerial Port Squadron and Elizabeth Olmstead, 445th Aeromedical Staging Squadron; and Community Partner – Dayton Development Coalition.

Reserve Citizen Airmen selected for promotion to major

Air Reserve Personnel Center officials announced | Categories considered during these promotion boards results for the Calendar Year 2018 Air Force Reserve

Line and Non Line Major Promotion Selection Boards April 4, 2018. The boards selected more than 800 Citizen Airmen for promotion.

The selection boards convened at ARPC Jan. 29 - Feb. 2, 2018, to determine those officers best qualified to assume the next higher grade. Board members selected 887 of 1,437 officers considered.

A complete list of Airmen selected for promotion is available online by visiting the Air Reserve Officer Promotion page on myPers.

were: Air Force Reserve Line, Dental Corps, Medi-

cal Corps, Nurse Corps, Medical Services Corps, Biomedical Sciences Corps, Chaplains and Line of the Air Force Judge Ad-

Congratulations to the following Reserve Citizen Airmen selected for promotion:

Tammie Canada, 445th Aeromedical Evacuation Squadron; Shaun Carney, 89th Airlift Squadron; Eric Fine, 445th Aeromedical

Staging Squadron; Matthew Lynagh, 445th Aircraft Maintenance Squadron; Matthew Scholz, 89 AS; and Richard Wiseman, 445 AES.

Core values impact personal, professional life

By Maj. David Borden 87th Aerial Port Squadron Commander



The Air Force Core Values: Interity First, Service before Self and Excellence in all we do are taught when we join the Air

Force.

Have you taken the time to think about how you apply them in your daily life?

We all come from diverse backgrounds and for the most part are taught integrity by our parents, grandparents and adult figures in our lives. Doing what's right when no one is looking and having the understanding of the difference between right and wrong fits this bill as well.

Buckeye Flyer

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U.S. Government Printing Office How do you apply this in daily life? Do you sit back and think of integrity first in your civilian jobs? It sounds rather silly, but how many of your co-workers really understand the core values you have sworn to uphold? Do you teach or instill integrity in your kids? It matters, in everyday life because our future leaders require it.

How often do you think about Service before Self and what it means in your everyday life? Whether it's serving your family, spouse, organization, church or military commitment. Do you go out of your way to make a difference? Every day I try to do just that

Over the past 25 years since I enlisted, I have strived to live by this core value. Even volunteering at church, I aim to help others, not for my own benefit but for the greater good. Likewise with my employer, I work to make things better than when I arrived. I always evaluate and determine where I can make a process stronger or introduce something I have learned elsewhere to improve the product.

I practice these same views as a commander. My goal is to have all pieces of the machine streamlined through a small tweak or a complete overhaul of an entire program. I want to make it better for those following me. I work constantly to instill this within my sons especially the importance of being a contributor to their organization or employer.

Lt. Gen. Maryanne Miller, Chief of Air Force Reserve Command, stated it best in the recent *Citizen Airman* magazine article, "Developing leaders requires that we enable the full potential of our Reserve

Citizen Airmen. Unleashing their performance potential increases mission effectiveness and retains their operational talent. Rotate individuals through different jobs and challenge them with unfamiliar ones. They will gain exposure to different experiences and obtain new expertise and skill sets. Let your Airmen take risks, but mentor at every opportunity that presents itself. Even failure offers valuable leadership lessons that can add new skills, improve confidence and refine decision-making processes. Empowering them with trust will produce great dividends."

This is where we can best make an impact in mentoring our Airmen. Give them the tools and get out of their way!

Excellence in all we do, in my opinion is self-explanatory. Why do anything if you're not going to give it your best?

Be mindful that there is a reason for everything. Be a positive influence in your personal and professional life. Very rarely does excellence come from negativity! Negative leadership is leading by example. How do you expect our future leaders to learn through pointing out only fault verses the success?

Giving your best in any situation can often times change an outcome. Be the answer and not a cancer in any situation! Giving your best can change your personal and professional life.

One of my expectations is if you are going to bring me a problem then you also need to have a solution to back it up and make the change.

Our core values are invaluable for us all! It impacts our personal and professional life!



445th announces 1st quarter CY18 award winners

Amn



Senior Airman Kirk Laytart, 87th Aerial Port Squadron, is the 445th Airlift Wing Airman of the Quarter, first quarter. Airman Laytart was selected as the global asset recovery tool manager recovering nearly 5,000 pallets, nets, chains and straps, protecting \$10 million in Air Force assets. He volunteered to support the Greenland Polar training and processed 31 tons of cargo and 63 passengers enabling seasonal closure of the National Science Foundation research operations. Laytart processed 270 pounds of regulated international garbage on seven mis-Airman Laytart sions. served more than 200 hours as a volunteer fire fighter and emergency medical technician. He was a first responder to a deadly motorcycle crash, initiating lifesaving procedures. The Airman earned a Bachelor of Arts degree in leadership organization and has completed 93 percent of the requirements needed for his Community College of the Air Force degree.

NCO



Tech. Sgt. Joshua McConnell, 445th curity Forces Squadron, is the 445th Airlift Wing NCO of the Quarter, first quarter. Sergeant McConnell ensured 100 percent accountability for more than \$2 million in firearms, munitions and critical equipment. He spearheaded heavy weapon's training for 40 personnel with zero safety incidents and 100 percent student qualification rates. responded to an active shooter incident at Kentucky University capturing the suspect and preserving life. McConnell led the implementation of the 445 SFS armory and established an alternate armory for host unit surpassing Air Force requirements while saving \$124,000. The sergeant enhanced his career in security forces by completing an 80 hour FBI low-light pistol instructor course and an 80 hour homicide investigator instructor course. Sergeant McConnell also serves as an instructor for the 445th Development and Training Flight.

SNCO



Senior Master Sgt. Christian Oliver, 445th Logistics Readiness Squadron, is the 445th Airlift Wing Senior NCO of the Quarter, first quarter. He supported more than 2,000 vehicles at Kadena Air Base, Japan valued at \$69 million. He overhauled vehicle maintenance flight mission and launched \$90,000 worth of tools and equipment during the unfunded requirement process. Oliver analyzed 164 career field education and training plan tasks and initiated 63 lesson plans resulting in a 92 percent reduction in waiting time for upgrade training for his Airmen. During his off-duty time, Oliver contributed his time, knowledge and skills with his local community center where he conducted free repairs on the facility and its equipment. He created and redesigned underwater technology for archaeology research, assisting with the recovery of \$50 million in Spanish artifacts.

CGO



First Lieutenant Carol Read-Arce, 445th Maintenance Squadron, is the 445th Airlift Wing's company grade officer of the Quarter, first quarter. Lieuten-Read-Arce drove the unit's Home Station Check transition from 120 to 180 days, reducing man hours and raising efficiency. She led the aerospace ground equipment corrosion control program and initiated the recoat process, saving the Air Force two years and more than \$250,000 in replacement parts. Read-Arce dedicated 20 hours serving meals to homeless families for the "Family Promise of Butler County" program. She worked with the first sergeants and outside agencies to deliver emergency necessities to military families in crisis. The lieutenant completed the Harvard Business School leadership courses and completed her Level One Federal Acquisition Certification through Defense Acquisition University.

SPOILIGHT



Staff Sgt. Darrell Sydnor

Rank/Name: Capt. Josh Earl

Unit: 89th Airlift Squadron

Duty Title: Pilot Scheduler

Hometown: Bowling Green, Ohio

serving on orders full time with the 89th Airlift Squadron

Civilian Job: Currently

Education: Associates of Science degree in criminal justice; Bachelor of Science degree in advanced technological education; currently pursing a Master of Arts degree in national security studies

Hobbies: Weight-lifting, football, hockey, coaching baseball, attending sporting events, and home projects

Career Goal: I'd like to continue my career progression and become an instructor pilot, establish a leadership position within my squadron, and serve beyond 20 years of service.

What you like about working at the 445th?:

The people are phenomenal; the location is attractive having major cities nearby; and I love the diversity of the missions we fly. At any given moment the wing is transporting a critical care patient, delivering life-sustaining supplies to aid humanitarian efforts, landing on a dirt field in an austere location, or supporting a presidential tasking. The worldwide exposure is priceless and incredibly rewarding!

Why did you join the Air Force?: I joined the Air Force to use the education benefits offered as a means of supporting my academic and professional goals in pursuit of becoming a pilot.

Around the wing...





Courtesy photos

(Top left) Staff Sgts. Angel Albans and Jeffrey Rogers (top right), both from the 445th Airlift Wing's 87th Aerial Port Squadron were promoted to staff sergeant while recently deployed to Southwest Asia.

News Briefs

Retirements May 2018

Lt Col Patricia Latham, **655 ISRG** Maj Jason Shaffer, 89 AS

Promotions

Airman

Brent Gibson, 50 IS

Staff Sergeant

Ashely Blount, 38 IS Kelvin Keith, 49 IS Jared McCabe, 445 **AMDS** Jeffery Rodgers, 87 APS Jesse Vick, 63 IS Anthony Wilson 445 SFS Brian Wood, 445 CES

Technical Sergeant

Danielle Martinez, 23 IS Clarence Montgomery, 445 FSS Melissa Offenhauser, 42 Caleb Pecht, 28 IS Matthew Pendergast, 512

Brandi Tschuor, 445 AES Sean Whitaker, 655 IS

Master Sergeant

David Hinkel, 445 CES Brian Osborn, 28 IS Kerry Schooler, 445 FSS

Senior Master Sergeant

Luzviminda Garcia, 89 AS James Topa, 445 AMDS

Newcomers

Lt Col John Fortunato, **445 AMDS** Maj Laura Swanson, 445 **AMDS** Capt Robert Cost, 445 OSS Capt Adam Fannin, 445 **AMDS** Capt Danielle Shubert, **445 ASTS** Capt Joli Beasley, 445 AES 1st Lt Felicia Evans, 445 2nd Lt Jenna Winston, 14 IS

SMSgt Joshua Michael 445 LRS MSgt James Gillespie, 445 AES MSgt Jessica Osmer, 445 TSgt David Jessup, 445 **FSS** TSgt Adam Sotak, 445 **AMXS** SSgt Cori Gawthorp, 71 IS SSgt Dale Sheridan, 445 SSgt Kara McWest, 71 IS SSgt Kayla Richmond, 64 IS SSgt Kyle Wilson, 445 **AMXS** SSgt Michael Ward, 445 **MXS** SrA Thomas Ashbrook, 445 OSS SrA Jermoy Bacher, 445 AMDS SrA Alicia Barrientos, 14 SrA Cody Caylor, 445 **SFS** SrA Tenikwa Glover, 445

MSG

SrA Jarred McConaughtysteel, 445 **MXS** SrA Houston Walker 445 **CES** A1C Anthony Bleything, 445 CES A1C Chelsea Castleberry, 445 CES A1C Taylor Fife, 445 AES A1C Spencer Rumley, 445 MXG A1C Kaitlin Stampor, 445 A1C Zachery Willis, 445 **ASTS** AB Chelsea Davis, 445 **ASTS** AB David Devore, 87 APS AB Michelle Digrandi, 71 AB Connor Karman, 445 MXS AB Nautica Rendon, 445 SFS AB Zachary Stevens, 445 **FSS** AB Chase Sweeney, 87 APS AB Alissa Toca, 445 **ASTS**

May is Mental Health Awareness month

By Jennifer Marquez 445th Director of Psychological Health

May is Mental Health Awareness month. The National Alliance on Mental Illness, NAMI, brings national awareness to mental health providing support, education and advocacy for mental health while combating the stigma associated with it.

This year's theme is "Cure Stigma." Why is mental health awareness so important? Mental health affects 1 in 5 Americans and stigma creates a toxicity to the individual causing shame, fear and silence, preventing the individual from seeking treatment.

What can we do to combat stigma? First, we can show compassion to our fellow wingmen when there is noticeable change in behavior or attitude. Be a friend, be a support and let them know they are not alone.

Are all mental health issues permanent? Of course

not — they don't have to be as long as the individual seeks early treatment.

Everyone deals with life stressors but not everyone has the coping skills to work through the stressors. There is no shame in asking for help and there are multiple agencies willing to listen and provide the support needed. Remember stigma of mental health will not change if we don't change our perception.

For more information or to reach a helping agency, please contact the organizations below: Director of Psychological Health: 937-257-6267

Psychological Health Advocacy Program: 937-656-

Mental Health: 937-257-6877 Crisis Line: 800-273-8255, opt 1 Military One Source: 800-342-9647

NAMI: 800-950-NAMI



445 AW honors its 2017 annual awards winners

Airman



SrA Michael Logan

First Sergeant



MSgt Lauren Harston

Civilian



Mr Randy Marquart

Youth



Miss Jesse Olmstead

NCO



TSgt Nicole Sturm

Company Grade Officer



Capt Ryan Armstrong

Honor Guard



TSgt Christopher Rapp



Senior NCO



MSgt Jennifer Gerritsen

Field Grade Officer



Maj Michael Snead

Recruiter

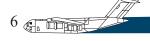


TSgt Darwinn Ferrer-Aponte

Community Partner



Dayton Development Coalition



Feature













Photos by Master Sgt Patrick O'Reilly



TAP briefings mandatory for deployed Airmen

By 2nd Lt. Rachel N. Ingram 445th Airlift Wing Public Affairs

For Reserve Citizen Airmen, returning from a deployment of six months or more can feel like beginning a new life. When active-duty military members separate from uniformed service, a Department of Defense program prepares them for their next step – whether that's higher education, employment, or entrepreneurship.

"The Transition Assistance Program covers topics like financial counseling, resume-writing, Veterans Affairs benefits, and resiliency," said Alvin L. Dennis, community readiness consultant, 445th Airlift Wing Airman and Family Readiness Center. "It's a beneficial resource to all military branches and components because it can be tailored to the individual. It's about helping each individual as they leave active duty."

The Transition Assistance Program is an outcome-based training program designed to support individuals in their goals. After spending several months overseas, Airmen may choose to change civilian jobs or begin a new college degree, and TAP can help with these, or a variety of other scenarios reservists may face following deployment.

Members of the Air Force Reserve can choose one of the three TAP program methods; a five-day

workshop, scheduled through the Airman and Family Readiness Center; or Computer Based Training virtual TAP course totaling 29 hours through the Joint-Knowledge Online website, or a five hour, Core Components of TAP (The member must be currently employed or enrolled in College or have previously completed the five-day workshop).

All service members being released from a period of active duty of at least 180 days (other than for school or training) are required, per Congressional Mandate, to complete TAP, which includes an individualized career counseling segment and two Veterans Affairs benefits briefings.

"These obligations must be fulfilled 90 days before the last day of the Title 10 active duty orders," Alvin said. "Anyone curious about the resources or considering separating from the military can access the courses on JKO, as well."

The 445th Airlift Wing Airman and Family Readiness Center is open Monday through Friday, 7:30 a.m. to 4:30 p.m., and on unit training assembly weekends, 7:30 a.m. to 3:30 p.m.

The office can be reached at 937-522-4607.

On the Web



May: Mental Health Awareness Month

Mental health toolkit available online



January and February 2018 Diamond Sharp Award winners

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