

## 445 AW receives AF Outstanding Unit Award

*By 445th Airlift Wing Public Affairs*

The 445th Airlift Wing was recently named as a recipient of the prestigious 2016 Air Force Outstanding Unit Award. The honor was given to the wing for exceptionally meritorious service. The announcement was made July 2, 2018.

During this timeframe, the wing distinguished itself by training, equipping and maintaining combat-ready forces capable of providing rapid global airlift for America's fighting forces in support of contingency air mobility taskings. The wing generated and flew more than 2,800 C-17 sorties, moved 20,000 passengers and delivered 41 million pounds of cargo for a total of 9,700 accident free flying hours.

The wing's maintenance squadron captured the Air Force Chief of Staff Team Excellence Award. The unit's Home Station Check team was recognized for reducing C-17 home station check flowtime. In addition, wing Airmen captured the Air Force Reserve Command Outstanding Paralegal of the Year and the AFRC Aircrew of Distinction Award.

The 445th supported numerous exercises to include Toledo Storm, Jaded Thunder, Patriot Clipper, Olympus Archer, Patriot Fox and Patriot Warrior.



Tech. Sgt. Anthony Springer

**Members of the 445th Airlift Wing deliver meals to Haiti aboard a C-17 Globemaster III. The meals were transported as part of the U.S. Agency for International Development Denton Program which allows organizations to use space available on U.S. Military cargo planes to transport humanitarian goods to countries in need.**

The wing supported the United States Agency for International Development Denton program by delivering more than 615,000 meals to Haiti in support of famine/crisis relief and 616 tons of solar panels to Caribbean states in need.

Wing members also supported many community events to include the Dayton Dragon's Home-town Heroes Military Appreciation Program, Dayton Veteran Affairs Medical Center Vet events, Dayton Public Schools diversity initiatives, Toys for Tots, Air Force Marathon, Employer Appreciation Day, Department of Defense Warrior Games and countless others. The wing showcased the 445th mission to 3,178 cadets, students, base personnel and community leaders through the wing's tour program.

"I'm extremely proud of our Airmen and what they accomplish for the command, the Air Force and our nation. Their selfless dedication to our way of life is visible each and every day. I am proud to be a member of such a great organization," said Col. Adam B. Willis, 445th Airlift Wing commander.



Master Sgt. Patrick O'Reilly

**Airman Wilfredo Vargas, 445th Maintenance Squadron, replaces a thrust reverser door on a C-17 Globemaster III engine. The 445 MXS was selected as the 2016 Air Force Chief of Staff Team Excellence Award winner.**

# Constructive feedback key to successful mentoring

## Be truthful, honest

By Maj. Jason Vance

445th Logistics Readiness Squadron Commander



It's my privilege to author a commentary in this month's *Buckeye Flyer*. The topic I have chosen is near and dear to my heart, mentoring.

### Buckeye Flyer

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Being able to mentor and pass along personal and professional career guidance is what continues to drive me in my career.

A few of the questions I'll attempt to answer in this article include:

What guidance governs the Air Force Mentoring Program?; What is mentoring and why does the Air Force place such significance?; What are the roles and responsibilities of a mentor?; and How does the Air Force document mentoring?

The Air Force Mentoring Program is governed by Air Force Manual 36-2643. This manual applies to all Airmen (officer, enlisted and civilian) and is for active duty Air Force, Air National Guard and Air Force Reservists.

The Air Force views mentoring as a valuable instrument to groom its Airmen to become well-rounded at all levels. At the core of mentoring is providing career guidance centering on professional development, core competencies and fostering communication that will enable our Airmen to advance into key leadership roles.

What is mentoring? Mentoring was established in the Air Force to bring about a cultural shift with respect to pro-

fessional development. Specifically, mentoring is where someone with more experience provides guidance to someone with less experience.

There are no restrictions on who can be a mentor. A mentor/mentee relationship can be someone in the same place under your supervision or external to your organization. For example, one of my go-to mentors is someone outside of my organization who I can contact any time day or night.

What are the roles and responsibilities of a mentor? Anyone can be a mentor. The key is maintaining a positive outlook and working environment where everyone feels comfortable. One important aspect of mentoring is you can't possibly have all the answers to everything; however, having a pulse of where you can find the answer is equally valuable.

How does the Air Force document mentoring?

For individuals in the military, there are two primary methods to document mentoring and the approach depends on the rank. If you're in the grade of airman basic through technical sergeant you would use the Airman Comprehensive Assessment,

Air Force Form 931. If you're in the grade of master sergeant through chief master sergeant you would use an ACA Air Force Form 932. There are eight sections to the ACA and it's important that the mentor take this process seriously.

When it comes to mentoring, providing positive feedback is the easy part. The hard part is providing negative or constructive feedback. This is one of the more challenging parts of being a mentor. Providing negative/constructive feedback can grow Airmen the same as positive feedback. It's highly recommended that you're truthful and honest when it comes to feedback; otherwise you can do more harm than good.

Throughout my 24 year military and 18 year civilian career, I have had many mentors who have played a significant role and helped to shape the person I am today.

In closing, I hope you found this article to be insightful. Finding a mentor is not a requirement but highly encouraged. The key is to find that person who you can trust and provide you both positive and negative feedback that can assist in guiding your career.





# Intel Airman fulfilling dream to become doctor

By Stacy Vaughn

445th Airlift Wing Public Affairs

Master Sgt. Jonathan Bellerive, 445th Operations Support Squadron operation intelligence analyst, is about to fulfill his dream of not only becoming an Air Force officer but of becoming a doctor in the Air Force.

After applying for the Health Professions Scholarship Program in the fall of 2017, Bellerive was accepted into the program and was commissioned a second lieutenant June 21, 2018. He has been placed in the Inactive Ready Reserve while he's in medical school.

"This is a dream come true. I'm so thrilled to have this opportunity, and I want to thank all those who have supported me to make this dream come true."

According to the Air Force Medical Service website, the Air Force Health Professions Scholarship Program offers medical students the opportunity to receive a full tuition scholarship along with a monthly stipend in exchange for future service as an Air Force physician.

Students enrolled in the HPSP program participate in specialized military training programs designed to help orient participants to Air Force Medicine, this includes attending Commissioned Officer Training, a five-week class at Maxwell Air Force Base, Alabama



Stacy Vaughn

**Second Lt. Jonathan Bellerive, former 445th Operations Support Squadron operation intelligence analyst, renders his first salute to Senior Master Sgt. Allen Hall, 445th OSS operation intelligence analyst, after his commissioning ceremony June 21, 2018.**

where the students receive practical instruction and training on their role as an Air Force medical officer.

The lieutenant will be attending the Heritage College of Osteopathic Medicine at Ohio University in Athens, Ohio. He's scheduled to graduate medical school in 2022.

Bellerive came to the 445th Airlift Wing in 2014 after being assigned to the Air National Guard's 176th Operations Support Squadron, which is part of the 176th Wing at Joint Base Elmendorf-Richardson, Alaska. His drive to pursue medicine came about during his career in the Air Force.

"It was my third deployment to Afghanistan in 2012 that really got me interested in medicine. I was working with a rescue wing that flew C-130s and some of the missions we would pick up were medical evacuation missions. We were heavily involved with the CCAT [Critical Care Air Transport] Team and worked closely with the doctors there. That started me down the path to wanting to pursue a career in medicine."

Bellerive's community involvement and love of helping people were other reasons he was motivated to pursue a career in medicine. He was a Red Shirt team leader with Hands Against Hunger, a non-profit humanitarian organization based in Cincinnati, Ohio, with a mission to provide fully nutritious food to impoverished children and families around the world.

"As Red Shirt team leaders, our job is to organize the volunteers, teach them how to pack the food packets and then keep the lines running smoothly, resupplying them, etc. This opportunity really drew me in my desire to want to help people," Bellerive said. "I was thrilled when I found out our C-17s are occasionally tapped to fly to Haiti to drop off some of the supplies we packed but I never did get the opportunity to fly with any of the crews on these missions. I did have the chance to give a pre-mission briefing to one of the crews that flew to Haiti."

Now that the door has closed for his time at the 445th Airlift Wing, another door has opened for Bellerive as he pursues his dream job. He's still deciding what kind of doctor he'd like to become but is leaning towards being a pediatrician.

"I loved my time here at the 445th Airlift Wing. The people are great and we treat each other like family. It's a great sense of camaraderie here. I'm not sure where the Air Force will send me when I graduate but I'm ready to start my new adventure."



# LRS supply Airmen meet wing's needs

By Capt. Wilson Wise

445th Airlift Wing Public Affairs

Members of the 445th Logistics Readiness Squadron supply shop have been working overtime the last few months to ensure that 445th Airlift Wing Airmen have the uniforms and supplies needed to perform training and deployment missions.

As members of the wing conducted training throughout the year, the LRS supply shop provided all supplies and gear needed.

LRS ensures that deploying members have the required uniforms and specialty equipment.

Inside the warehouse is a highly organized uniform distribution system that rivals any department store. The Airmen take pride in their work space and manage the wing's uniforms with utter care and efficiency.

Master Sgt. Mark Reel, the shop's logistics supply manager is proud of the way his team banded together during an extremely busy time.

"The LRS supply shop has done a tremendous job working with deployers and unit deployment managers during the recent deployment window," he said.

For deployers, the shop fills suitcases with needed uniform items such as Army Combat Uniform (ACUs) or Operational Camouflage Pattern (OCPs), cold weather gear, wet weather gear, patches, rank, and either regular or steel toed boots. The list is not exhaustive and is catered to each individual Airman depending on Air Force Speciality Code, uniform size, and deployment location.

"Airmen assigned here have exemplary enforced supply discipline. We set up a basis of issue with clear reporting instructions to provide everyone the needed amount of uniforms and equipment items," said Reel.

During the current deployment window, the Airmen handled more than 10,000 pieces of equipment and are preparing for the upcoming Air Force-wide adoption of the new uniforms.

In a surprise visit, Chief Master Sgt. Paul Stewart 445th AW command chief, congratulated the shop's Airmen for the excellent and seamless job they performed to ensure 445th deployers are taken care of. Chief Stewart coined Master Sgt. Reel and his shop as a token of gratitude.



Capt Wilson Wise

**Senior Airman Sarah McAlister and Staff Sgts. Kathryn Fradette and Boubacar Konate, 445th Logistics Readiness Squadron supply technicians, assemble clothing items, July 14, 2018.**

## Wingman, takes one to create one

By Jennifer Marquez

445th Airlift Wing Director of Psychological Health

In my first year at Wright-Patterson Air Force Base, I've heard the term "wingman" more times than I can remember.

But what is a wingman and what does it mean to be a good wingman?

A wingman is a fellow Airman, including civilians, who is quick to respond in situations where they see another Airman that is in need of support to de-escalate a crisis.

A wingman will notice when something isn't quite right and

check-in on the situation. A wingman is a wingman on and off duty.

Why is it important to be a good wingman? It is important because it is not only a gift of altruism to be there for someone else but it is also good for your soul.

Imagine how many of your fellow Airmen are struggling and experiencing situational stress but because you saw something and asked, you made a difference. The stressed out, struggling Airman

may still be in the struggle but the support that they are receiving from you may be preventing a crisis.

Being there for others creates and perpetuates a cohesive if not familial environment which improves morale and psychological well-being.

Being a wingman is the essence of Air Force Core Values: Integrity First, Service Before Self and Excellence in All We Do.





# Wing announces 2nd quarter CY18 award winners

## Airman



**Senior Airman Justus Stuck**, 445th Security Forces Squadron fire team member, is the 445th Airlift Wing Airman of the Quarter. Stuck supported the “Thunder Over the Valley” airshow by providing security for more than 18,000 personnel and military aircraft. While deployed to Joint Base Lewis-McChord, Washington, he protected 210,000 base personnel and distinguished visitors, securing \$5.6 billion in Air Force resources. Stuck responded to a vehicle accident with injuries and provided first aid until medical personnel arrived on scene. He also located an endangered child, returning the child to the proper custodial parent. During his off-duty time, Stuck helped provide meals and advice to patients at the Louisville Mental Health facility and volunteered to speak at the Maryhurt Shelter. Stuck is working on his Community College of the Air Force degree in criminal justice and graduated from the Louisville Metro Police Academy.

## NCO



**Tech. Sgt. Gina Daniel**, 445th Maintenance Squadron munitions systems craftsman, is the 445th Airlift Wing NCO of the Quarter. Daniel was instrumental in enabling 1,468 sorties and 5,288 flying hours. She initiated a reusable container program, certifying 211 containers, 2,400 munitions residue free and empty. The sergeant verified expenditures and processed 20 combat ammunition system transactions, resulting in 1,920 assets reconciled. She revitalized the squadron’s munitions inspector program and processed 81 transactions with more than 19,000 assets inspected. During her off-duty time, Daniel volunteered 30 hours with the Girl Scouts and Cub Scouts as a volleyball coach. She supported fundraising events and taught self-aid and buddy care to the Scouts. Daniel assisted the 445th Airlift Wing’s First Sergeants Council Thanksgiving food drive by preparing 44 dinner baskets for wing Airmen and their families.

## SNCO



**Master Sgt. Bryan Ulloa**, 445th Force Support Squadron services superintendent, is the 445th Airlift Wing Senior NCO of the Quarter. Ulloa coordinated more than 1,200 inactive duty training reservations worth \$120,000 in lodging funds for wing members. As the fitness manager, he oversaw the execution of more than 900 assessments, reducing the wing’s non-currency rate by 139 assessments, 59 percent in 30 days. Ulloa backfilled as the primary 445 FSS unit deployment manager, coordinating and facilitating deployment tasks for 13 FSS deployers. He re-certified his ServSafe instructor and proctor credentials and internally trains his food service Airmen. During his off-duty time, Ulloa aided in a Mardi Gras Origins Day at a local elementary school. He’s involved in his local athletics program and participated in an eight-week adult tee ball league. Ulloa is working on a Bachelor of Science degree in Homeland Security.

## CGO



**Second Lt. Samson Ohingo**, 445th Aircraft Maintenance Squadron aircraft maintenance officer, is the 445th Airlift Wing Company Grade Officer of the Quarter. Ohingo led 200 personnel in seven career fields supporting 4,848 hours and 1,357 sorties. He coordinated the support of 502 Air Mobility Command and Air Force Reserve sorties at more than 1,800 hours, ensuring the transport of 1,387 passengers and 1,250 tons of cargo. He established the non-profit organization Second Generation for Welcome Dayton African Coalition chapter, support network for 500 new Dayton immigrants. He led the MXG in Air Force Assistance Fund fundraising--contacting 350 Airmen and helping raise over \$100,000. Ohingo pursued Defense Acquisition Workforce Improvement Act certification and completed nine Defense Acquisition University business financial management classes.



# SPOTLIGHT



Master Sgt. Patrick O'Reilly

**Rank/Name:** Tech. Sgt. Maggie Malidai

**Unit:** 445th Civil Engineer Squadron

**Duty Title:** Operations management

**Hometown:** City of Hanzhong, China

**Civilian Job:** Air Reserve Technician

**Education:** Master of Science in business and organization management counseling; Bachelor of Science in biology science; and Bachelor of Arts in psychology from Wright State University

**Hobbies:** Traveling and experiencing different cultures; and enjoying the intellectual stimulation of assisting military and civilian members with personnel issues on a daily basis. I channeled this fascination with human interactions into academic and professional excellence.

**Career Goal:** To become a senior leader in the squadron.

**What you like about working at the 445th?:** Professional work environment, opportunities with valuable leadership skills and warm-hearted people who I work with.

**Why did you join the Air Force?:** I sought to grow both mentally and physically when I enlisted into the U.S. Air Force Reserve in 2008. I was attracted to the disciplined structure provided by the military and the numerous opportunities for advancement. The Air Force gave me greater insight into maintaining a whole-body approach to a healthy lifestyle. This is a framework I am passionate about sharing. The Air Force has facilitated my greatest passion in life: to serve others and positively influence the lives of those around me.

## Around the wing ...



Capt. Wilson Wise



Courtesy Photo

(left) Chief Master Sgt. Paul Stewart, 445th Airlift Wing command chief, coins Senior Airman Gmar Lee, 445th Logistics Readiness Squadron supply technician, July 14, 2018. The supply shop processes clothing items for outgoing deployers. (right) Master Sgt. Angela Hayden, 14th Intelligence Squadron first sergeant, presents the May 2018 Diamond Sharp Award to Senior Airman Alexander Neary, 14 IS operations intelligence journeyman, July 22, 2018. The award is for exemplary performance, adherence to the Air Force Core Values, attitude, appearance and ability.





# News Briefs

## Retirements

### August 2018

Maj Scott Deboer, 89 AS

## Awards

### Air Force

#### Commendation Medal

TSgt Jason Benedict, 89 AS

TSgt Shelby Emerson, 87 APS

TSgt Jeffrey Fisher, 87 APS

TSgt Robert Green, MXS

TSgt Jason Kretzscmar, MXS

TSgt Scott Schaffner, 89 AS

SSgt Kamika Davis, MXG

SSgt Maura Phillips, CES

#### Air Force Achievement Medal

SSgt Matthew Sigler, MXS

SrA Barrett Lowry, MXS

#### Air Force Combat Readiness Medal

### 89 AS

Lt Col William Barton

Lt Col Patrick Driscoll

Lt Col John Smith

Maj Jonathan Askins

Maj Bobby Dempsey

Maj Kristopher Herman

Maj Eric Palichat

Maj Matthew Smith

Maj Ryan Wellman

Maj Benjamin Yoder

Capt Jeffrey Guillotte

CMSgt Joseph Gough

CMSgt Jason Lemaster

SMSgt Timothy Davis

SMSgt Craig Essert

SMSgt Denise Roberts

SMSgt Kevin Steyer

MSgt Kelly Earehart

MSgt Todd Gnat

MSgt Kimberly Naehring

MSgt Larry Unger

MSgt Jeffery Vaughn

TSgt Jason Benedict

TSgt Benjamin Fryman

TSgt Bronson Hibbs

Sgt Phillip Lemaster

TSgt Shaun Turpen

TSgt Zachary Webb

SSgt Cody Green

SSgt Shawn Haggerty

### 445 OSS

Lt Col Jacob Miller

Capt Jeremiah Brown

Maj Andrew Gambardella

MSgt John Kaufman

## Newcomers

Lt Col Theodore Liszeski, AMDS

Lt Col Brian Quinn, 89 AS

Maj Raychaelle Blue, ASTS

Maj Karen Gharst, MXG

Maj Andrew Place, AMDS

Capt Beth Shulter, FSS

2Lt Travis Egger, 89 AS

TSgt Mark Everhart, 87 APS

TSgt Mathew Hesketh, ASTS

TSgt Donisha Lewis, LRS

TSgt Nastasskia Sy, FSS

TSgt Barry Thompson, AMXS

SSgt Christopher Hisey, OSS

SSgt Korye Lockett, MXS

SSgt Takashi Oshiro, 87 APS

SSgt Brian Snell, FSS

SSgt Tyler Taylor, MXG

SSgt Curtis Ward, AMXS

SrA Christian Clark, FSS

SrA Mario Cilitti, ASTS

SrA Cody Oxender, LRS

SrA Adam Kresge, CES

A1C Cameron Corwin, 87 APS

A1C Kayla Ligget, ASTS

A1C Devin Lino, 87 APS

A1C Samuel Scheider, 87 APS

Amn, Danny Hudwill, CES

## Promotions

### Airman

Connor Karman, MXS

### Airman First Class

Nautica Edwards, FSS

Jaylenn Francois, LRS

Patrick Jennings, AES

### Senior Airman

Summer Cambell, AMXS

Chelsea Castleberry, CES

Devin Copeland, AES

Kelly Dean, AMXS

Charles Henry, OSS

Taylor Fife, AMDS

James Moore, 87 APS

Scott Prowant, SFS

Robert Rumble, AMXS

Jordan Scott, 87 APS

Kaitlin Stampor, AMXS

Connor Turvy, MXS

Wilfredo Vargas, MXS

Zachary Wetherald, CES

### Staff Sergeant

Cale Garman, CES

Aaron Ryaon, SFS

Jacob Taylorhill, MXS

### Technical Sergeant

Michael Dressman, MXS

### Senior Master Sergeant

Marcus Nielsen, CES

## Active Duty vs Reserve Softball Game

The 2018 Active Duty vs Reserve Softball Game will be held Saturday, Aug. 18, 2018. Warm up begins at 6 p.m. and the championship game at 6:30 p.m.

Free food and beverages will be provided to everyone in attendance (players and non-players).

Come out and root for the players.

Those interested in playing should contact the POCs below:  
Air Force Reserve Team  
POC: Senior Airman  
Beau Corna, beau.corna@us.af.mil

Air Force Sergeants Association POCs: Ruben Garcia, ruben.garcia.16@us.af.mil and Master Sgt. Ashley Byers, ashley.byers.1@us.af.mil.

The game will be played on the Wright-Patterson Air Force Base Dodger Field, located next to Jarvis Gym.

## Wing Family Day



The 445th Airlift Wing Family Day picnic will be held Saturday, Sept. 8, 2018 at Bass Lake, beginning at 11:30 a.m.

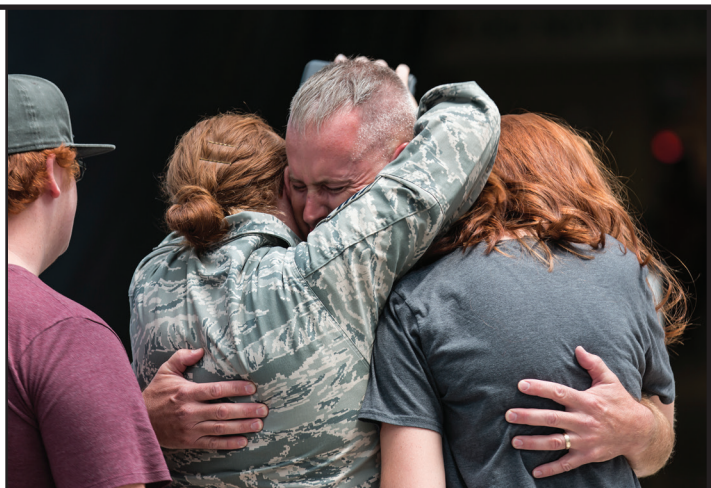
Food will be catered and is free to all Airmen and their guests.

Events and activities will be available for all age groups.

More details will be provided at a later date.

For more information, please call Master Sgt. Bryan Ulloa at 257-7688.





Photos by Master Sgt. Patrick O'Reilly

## Welcome home!

Families, friends and fellow Airmen of the 445th Airlift Wing, greet members of the 87th Aerial Port Squadron at the Dayton International Airport, July 14, 2018 as they return home from recent deployments.

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